

African-American Church Interventions

(need to add organizations)

Black Churches United for Better Health Research Project (1994-1997);

Black Churches United for Better Health was a 4 year intervention trial that successfully increased fruit and vegetable consumption among rural African American adults, for cancer and chronic disease prevention.

Body & Soul. A Celebration of Healthy Living - Body and Soul Project

A Celebration of Healthy Living is an American Cancer Society nutrition program with a proven record of success in getting participants in African-American churches to increase the servings of fruits and vegetables they eat. This program has been adapted from two effective interventions, both of which resulted in increasing fruit and vegetable consumption among participants - Black Churches United for Better Health and the Eat for Life program.

Both of these projects were funded with the help of the American Cancer Society and the National Cancer Institute.