



# Faith Community Assessment

## General Information

Date: \_\_\_/\_\_\_/\_\_\_

Name of Faith Organization: \_\_\_\_\_

Address of Faith Organization: \_\_\_\_\_

Phone Number of Faith Organization: \_\_\_\_\_

County: \_\_\_\_\_ Person conducting survey: \_\_\_\_\_

Name and title of interviewee: \_\_\_\_\_

Phone number of interviewee: \_\_\_\_\_

Email address of interviewee: \_\_\_\_\_

Interviewee's role in the organization (i.e. Pastor/Priest/Rabbi/Imam, Deacon, Member):  
\_\_\_\_\_

## Profile of the Faith Community

### 1. Faith Tradition:

- |                                                     |                                                       |                                                |
|-----------------------------------------------------|-------------------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> A.M.E. Zion                | <input type="checkbox"/> Baptist (not specified)      | <input type="checkbox"/> Baptist (Southern)    |
| <input type="checkbox"/> Baptist - GBSC             | <input type="checkbox"/> Buddhist                     | <input type="checkbox"/> Episcopal             |
| <input type="checkbox"/> Disciples of Christ        | <input type="checkbox"/> Greek Orthodox               | <input type="checkbox"/> Hindu                 |
| <input type="checkbox"/> Jewish (Reform)            | <input type="checkbox"/> Jewish (Conservative)        | <input type="checkbox"/> Jewish (Orthodox)     |
| <input type="checkbox"/> Latter Day Saints          | <input type="checkbox"/> Lutheran                     | <input type="checkbox"/> Methodist             |
| <input type="checkbox"/> Islam                      | <input type="checkbox"/> Pentecostal                  | <input type="checkbox"/> Presbyterian (USA)    |
| <input type="checkbox"/> Presbyterian Church of Am. | <input type="checkbox"/> Roman Catholic               | <input type="checkbox"/> Seventh Day Adventist |
| <input type="checkbox"/> United Church of Christ    | <input type="checkbox"/> Non-denominational Christian |                                                |

Other Tradition: \_\_\_\_\_

### 2. About what percentage of the faith community is:

\_\_\_\_\_ African Americans    \_\_\_\_\_ American Indians    \_\_\_\_\_ Asian Americans  
\_\_\_\_\_ Whites    \_\_\_\_\_ Other Minorities

3. What percentage of the faith community is Hispanic? \_\_\_\_\_

4. Number of members of faith community: \_\_\_\_\_

5. About what percentage of the faith community is:

\_\_\_\_\_ Male  
\_\_\_\_\_ Female

6. About what percentage of the faith community is aged:

\_\_\_\_\_ 0-12 Years  
\_\_\_\_\_ 13 - 17 Years  
\_\_\_\_\_ 18 - 34 Years  
\_\_\_\_\_ 35 - 54 Years  
\_\_\_\_\_ 55 - 64 Years  
\_\_\_\_\_ 65 and older

## Health/Wellness Infrastructure

Please check one:	Yes	No	Don't Know
7. Does the faith community have "health" as part of its <b>creed or mission statement</b> ?			
8. Does the faith community have an active health team or committee?			
9. Does the faith community have a <b>person appointed</b> to be responsible for health related activities?			
10. Does the faith community have a <b>lay health advisor program</b> ?			
12. Does the faith community have a <b>budget</b> for health promotion or health related activities?			
13. Has the faith community ever established <b>health or wellness goals</b> for the organization/membership?			

11. Has the faith community **surveyed members** on health issues in the past 12 months?

(choose all that apply)

- yes, a survey was conducted to help community leaders understand the health issues of the membership (e.g. needs assessment)
- yes, surveys or forms were used to help community members identify their own personal lifestyle risk profile (e.g. health risk appraisals)
- no surveys were used
- don't know

Score: \_\_\_\_ (# of Yes answers) out of 7

## Partnerships and Programs

Please check one:	Yes	No	Don't Know
14. Has the faith community sponsored or helped sponsor a <b>health fair</b> during the past 12 months?			
In the past 12 months, has the faith community offered: <b>14a. blood pressure</b> screening? <b>14b. cholesterol</b> screening? <b>14c. blood sugar/diabetes</b> screening? <b>14d. healthy body weight</b> screening?			
15. Has the faith community participated in a <b>parish nursing program</b> within past 12 months?			
16. Do any members currently represent the faith community by <b>serving on a community health coalition or committee</b> (e.g. fitness/nutrition council)?			
17. Has the faith community had a <b>relationship with another health, health promotion, or human services agency</b> to provide services to your members in the past 12 months?			

If the answer to Question #17 is Yes, please list these **agencies**?

Agency 1: \_\_\_\_\_ Agency 2: \_\_\_\_\_

Agency 3: \_\_\_\_\_ Agency 4: \_\_\_\_\_

Score: \_\_\_\_ (# of Yes answers) out of 8

## People

18. How many of the following people are members of this faith community?

Physicians/doctors \_\_\_\_\_

Other health professionals \_\_\_\_\_

Dentists \_\_\_\_\_

If Other, please describe:

Nurses/CNAs \_\_\_\_\_

\_\_\_\_\_

Health educators \_\_\_\_\_

## Physical Activity - Environment

Please check one:	Yes	No	Don't Know
19. Does the faith community have an <b>exercise room</b> ?			
20. Does the faith community have any <b>exercise equipment</b> on-site?			
21. Does the faith community have a <b>walking trail</b> ?			
22. Does the faith community have any <b>ball fields or courts</b> ?			
23. Does the faith community have a <b>playground</b> ?			

Score: \_\_\_\_ (# of Yes answers) out of 5

## Physical Activity - Policies and Leadership

Please check one:	Yes	No	Don't Know
24. Has the faith community provided <b>physical activity opportunities</b> at meetings or functions in past 12 months (e.g. walks, exercise breaks)?			
25. Does the faith community have a <b>policy supporting physical activity opportunities</b> at meetings/functions?			
26. Has leadership promoted <b>physical activity in a public speech or sermon</b> in the past 12 months?			

Score: \_\_\_\_ (# of Yes answers) out of 3

## Physical Activity - Group Support/Classes

Please check one:	Yes	No	Don't Know
27. Has the faith community <b>organized or provided any type of exercise classes</b> in the past 12 months?			
28. Has the faith community <b>organized walking groups or clubs</b> in the past 12 months?			
29. Has the faith community <b>organized or supported sports team</b> for members in the past 12 months?			

Score: \_\_\_\_ (# of Yes answers) out of 3

## Physical Activity - Individual Education/Information

Please check one:	Yes	No	Don't Know
30. Has the faith community organized or provided any individual <b>fitness counseling for members</b> in the past 12 months?			
31. Has the faith community distributed any <b>fitness guides to members</b> in the past 12 months?			
32. Has the faith community specifically <b>promoted physical activity through posted information</b> in the past 12 months (e.g. bulletin board, posters, flyers, leaflets)?			
33. Has the faith community specifically <b>promoted physical activity in the bulletin, program or newsletter</b> in the past 12 months?			
34. Has the faith community specifically <b>promoted physical activity on the faith community website</b> in the past 12 months?			
35. Does the faith community have a <b>relationship with a fitness club to offer discounted rates</b> for faith community members?			
36. Does the faith community <b>support physical activity in any other way?</b> (e.g. provide physical activity in faith community day care program or through religious education classes)			

If the answer to Question #36 was yes, please describe:

\_\_\_\_\_

Score: \_\_\_\_ (# of Yes answers) out of 7

## Nutrition - Environments

Please check one:	Yes	No	Don't Know
37. Does the faith community have a <b>cooking committee, kitchen committee, or hospitality committee?</b>			
38. Does the faith community have a <b>kitchen or place to prepare meals?</b>			
39. Does the faith community have a <b>garden</b> maintained by faith community members?			
40. Does your faith community have any <b>vending machines?</b>			

If the answer to Question #40 was Yes, please answer the following questions:

(If yes)

41. Do drink vending machines have bottled water?  
 yes       no       no drinks in vending machines       don't know

42. Do drink vending machines have 100% juice?  
 yes       no       no drinks in vending machines       don't know

43. Do food vending machines have low fat items (e.g. pretzels, light popcorn)?  
 yes       no       no food in vending machines       don't know

44. Do food vending machines label low fat or healthy items?  
 yes       no       no food in vending machines       don't know

Score: \_\_\_\_ (# of Yes answers) out of 3 (if no vending machines)

Score: \_\_\_\_ (# of Yes answers) out of 7 (if the faith community has vending machines)

## Nutrition - Policies and Leadership

45. Number of food events in the past 12 months: \_\_\_\_\_

46. Were healthy foods and beverages served at these events?  
 yes       no       don't know

Please check one:	Yes	No	Don't Know
47. Does the faith community have guidelines for faith community meals requiring that: fruits and vegetables be offered? 100% fruit juice be offered? water be offered? low-fat items be offered? low/no sugar items be offered? low sodium items be offered?			
48. Has leadership promoted healthy eating in a public speech, sermon, talk or homily in the past 12 months?			

Score: \_\_\_\_ (# of Yes answers) out of 8

## Nutrition - Group Support/Classes

Please check one:	Yes	No	Don't Know
49. Has the faith community organized or provided any <b>healthy cooking classes</b> in past 12 months?			
50. Has the faith community organized or provided any <b>weight loss support groups</b> in past 12 months?			
51. Has the faith community organized or provided any other <b>nutrition-related classes or groups</b> in the past 12 months?			

Score: \_\_\_\_ (# of Yes answers) out of 3

## Nutrition - Individual Education/Information

Please check one:	Yes	No	Don't Know
52. Has the faith community organized or provided any individual <b>weight control or nutrition counseling</b> in past 12 months?			
53. Has the faith community distributed any <b>healthy eating guides or healthy recipes</b> (including cookbooks) to faith community members in the past 12 months?			
54. Has the faith community promoted <b>healthy eating through posted information</b> (e.g. posters, flyers, leaflets) in the past 12 months?			
55. Has the faith community <b>promoted healthy eating in the bulletin, program or newsletter</b> in the past 12 months?			
56. Has the faith community <b>promoted healthy eating on the faith community website</b> in the past 12 months?			
57. Does the faith community <b>support healthy eating in any other way?</b> (e.g. healthy food guidelines for faith community day care program, for meals for seniors or needy families)			

If the answer to Question #57 was Yes, please describe:

\_\_\_\_\_

Score: \_\_\_\_ (# of Yes answers) out of 6

## Relationship between religion and health in faith community

58. What are some key teachings about health in the faith community?

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59. What are some key scriptures, inspirational passages or religious teachings about health from this community's faith tradition?

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60. Why is it important to participate in the Faithful Families Eating Smart and Moving More program?

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# Scoring:

## Health/Wellness

Health/Wellness Infrastructure: \_\_\_\_\_ of 7  
Health/Wellness Percentage:

Partnerships and Programs: \_\_\_\_\_ of 8  
Partnerships and Programs Percentage:

## Physical Activity

Physical Activity Environments: \_\_\_\_\_ of 5  
Physical Activity Environments Percentage:

Physical Activity Policies and Leadership: \_\_\_\_\_ of 4  
Physical Activity Policies and Leadership Percentage:

Physical Activity Group Support/Classes: \_\_\_\_\_ of 3  
Physical Activity Group Support/Classes Percentage:

Physical Activity Individual Education/Information: \_\_\_\_\_ of 7  
Physical Activity Individual Education/Information Percentage:

## Nutrition

Nutrition Environments: \_\_\_\_\_ of 3 or 7 (dependent on vending machine)  
Nutrition Environments Percentage:

Nutrition Policies and Leadership: \_\_\_\_\_ of 8  
Nutrition Policies and Leadership Percentage:

Nutrition Group Support/Classes: \_\_\_\_\_ of 3  
Nutrition Group Support/Classes Percentage:

Nutrition Individual Education/Information: \_\_\_\_\_ of 6  
Nutrition Individual Education/Information Percentage:

## Physical Activity

Area with highest percentage (policies and leadership, environment, group, or individual):

Area with lowest percentage (policies and leadership, environment, group, or individual):

## Nutrition

Area with highest percentage (policies and leadership, environment, group, or individual):

Area with lowest percentage (policies and leadership, environment, group, or individual):