

REFERENCES for ESMM Policy Platform

1. ***Expand the availability of farmers markets and farm stands at worksites and faith-based organizations***

1. Community Guide to Preventive Services: “Worksite Programs to Control Overweight and Obesity.” <http://www.thecommunityguide.org/obesity/workprograms.html>
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3. Center of Excellence for Training and Research Translation Obesity Prevention Program: “Intervention Strategies.” <http://www.center-trt.org/index.cfm?fa=op.overview>

2. ***Create an interagency NC local food policy council***

4. Center for Excellence for Training and Research Translation Obesity Prevention Program, “Increasing Access to Healthy Foods.” <http://www.center-trt.org/index.cfm?fa=opstrategies.eating&page=access>
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3. ***Implement child nutrition standards in all elementary schools and test strategies to deliver healthy meals in middle and high schools***

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4. *Ensure that all foods and beverages available in schools are healthy*

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See also ADA Position Paper “Nutrition Services: An Essential Component of Comprehensive School Health Programs—Joint Position of ADA, Society for Nutrition Education and American School Food Service Association.”
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5. Promote menu labeling to make nutrition information available to consumers

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10. *Expand existing community grants program to promote physical activity*

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11. *Build active living communities*

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12. *Establish joint-use agreements to expand use of school and community recreational facilities*

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13. *Implement the Eat Smart, Move More plan in local communities to comprehensively expand obesity prevention*

See eatsmartmovemore.com for complete references

14. *Develop an interagency plan to promote active, livable and green communities*

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15. *Promote healthy workplace initiatives in state agency workplaces*

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