

**North Carolina Nutrition and Physical Activity Surveillance System\* (NC-NPASS) 2011**  
**Prevalence of Obesity, Overweight, Healthy Weight and Underweight in**  
**Children 2 through 4 years of age, By County, NC-NPASS\*, 2011**

HEALTH DEPARTMENT	UNDERWEIGHT		HEALTHY WEIGHT		OVERWEIGHT			OBESE			TOTAL
	<5th Percentile		>=5th to <85th Percentile		>=85th to <95th Percentile			>=95th Percentile			
	#	%	#	%	#	%	RANK ** ORDER	#	%	RANK ** ORDER	#
<b>STATEWIDE</b>	<b>4,330</b>	<b>4.2%</b>	<b>66,293</b>	<b>63.9%</b>	<b>16,853</b>	<b>16.2%</b>		<b>16,240</b>	<b>15.7%</b>		<b>103,716</b>
ALAMANCE	64	3.3%	1,187	60.7%	372	19.0%	90	331	16.9%	73	1,954
ALEXANDER	13	5.8%	143	63.8%	39	17.4%	67	29	12.9%	19	224
ALLEGHANY	3	1.8%	84	49.7%	34	20.1%	96	48	28.4%	100	169
ANSON	18	4.6%	202	51.1%	80	20.3%	97	95	24.1%	98	395
ASHE	8	4.5%	120	67.4%	24	13.5%	13	26	14.6%	34	178
AVERY	9	5.0%	124	69.3%	28	15.6%	42	18	10.1%	5	179
BEAUFORT	29	3.5%	521	63.8%	138	16.9%	60	129	15.8%	49	817
BERTIE	29	9.0%	213	66.1%	39	12.1%	7	41	12.7%	18	322
BLADEN	18	3.4%	341	63.7%	91	17.0%	61	85	15.9%	52	535
BRUNSWICK	39	3.6%	664	61.2%	192	17.7%	72	190	17.5%	81	1,085
BUNCOMBE	58	3.0%	1,258	66.0%	303	15.9%	47	287	15.1%	38	1,906
BURKE	38	3.5%	689	63.9%	189	17.5%	69	162	15.0%	36	1,078
CABARRUS	63	3.3%	1,211	63.8%	325	17.1%	64	300	15.8%	50	1,899
CALDWELL	31	3.7%	528	62.3%	150	17.7%	71	139	16.4%	65	848
CAMDEN	10	8.5%	83	70.9%	8	6.8%	1	16	13.7%	26	117
CARTERET	38	6.9%	354	64.6%	96	17.5%	68	60	10.9%	6	548
CASWELL	5	2.6%	136	70.1%	29	14.9%	29	24	12.4%	14	194
CATAWBA	29	3.8%	499	64.6%	122	15.8%	46	123	15.9%	53	773
CHATHAM	45	3.9%	690	59.8%	212	18.4%	82	206	17.9%	84	1,153
CHEROKEE	13	4.9%	167	62.8%	39	14.7%	26	47	17.7%	82	266
CHOWAN	17	7.6%	132	59.2%	29	13.0%	10	45	20.2%	91	223
CLAY	2	1.4%	97	68.3%	20	14.1%	18	23	16.2%	60	142
CLEVELAND	39	3.9%	653	64.8%	161	16.0%	48	155	15.4%	42	1,008
COLUMBUS	28	2.9%	547	56.7%	166	17.2%	66	223	23.1%	96	964
CRAVEN	75	5.2%	973	67.0%	223	15.4%	39	181	12.5%	16	1,452

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CUMBERLAND	569	9.1%	4,365	69.7%	751	12.0%	6	574	9.2%	2	6,259
CURRITUCK	10	5.6%	109	61.2%	34	19.1%	92	25	14.0%	28	178
DARE	10	2.8%	218	60.1%	73	20.1%	95	62	17.1%	76	363
DAVIDSON	53	2.9%	1,202	65.3%	283	15.4%	40	302	16.4%	66	1,840
DAVIE	11	2.8%	254	63.5%	74	18.5%	86	61	15.3%	40	400
DUPLIN	28	3.3%	470	56.2%	160	19.1%	93	179	21.4%	94	837
DURHAM	84	3.4%	1,494	59.8%	444	17.8%	73	478	19.1%	90	2,500
EDGECOMBE	15	4.7%	220	69.0%	45	14.1%	19	39	12.2%	12	319
FORSYTH	183	3.6%	3,314	65.6%	844	16.7%	55	713	14.1%	29	5,054
FRANKLIN	21	3.5%	367	61.1%	111	18.5%	84	102	17.0%	74	601
GASTON	58	4.0%	932	64.8%	219	15.2%	36	229	15.9%	54	1,438
GATES	4	9.3%	27	62.8%	9	20.9%	99	3	7.0%	1	43
GRAHAM	6	3.4%	103	58.9%	43	24.6%	100	23	13.1%	22	175
GRANVILLE	32	5.2%	398	64.5%	83	13.5%	12	104	16.9%	72	617
GREENE	13	2.8%	287	62.1%	83	18.0%	75	79	17.1%	77	462
GUILFORD	188	4.5%	2,676	64.4%	624	15.0%	30	667	16.1%	55	4,155
HALIFAX	33	3.9%	532	63.5%	144	17.2%	65	129	15.4%	43	838
HARNETT	66	5.8%	781	68.8%	141	12.4%	9	148	13.0%	20	1,136
HAYWOOD	13	2.4%	357	66.1%	103	19.1%	91	67	12.4%	15	540
HENDERSON	33	3.4%	628	64.9%	184	19.0%	89	123	12.7%	17	968
HERTFORD	19	4.9%	254	65.6%	59	15.2%	37	55	14.2%	30	387
HOKE	23	3.3%	446	64.5%	109	15.8%	45	114	16.5%	67	692
HYDE	1	1.2%	56	69.1%	10	12.3%	8	14	17.3%	78	81
IREDELL	41	2.8%	920	63.0%	268	18.4%	79	231	15.8%	51	1,460
JACKSON	10	2.9%	241	68.9%	53	15.1%	32	46	13.1%	22	350

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JOHNSTON	48	3.4%	866	62.0%	229	16.4%	50	254	18.2%	87	1,397
JONES	4	8.9%	31	68.9%	5	11.1%	4	5	11.1%	7	45
LEE	30	3.0%	636	64.6%	158	16.0%	49	161	16.3%	62	985
LENOIR	31	4.3%	458	63.3%	121	16.7%	56	113	15.6%	46	723
LINCOLN	80	10.1%	561	70.6%	79	9.9%	2	75	9.4%	4	795
MACON	9	6.6%	73	53.3%	20	14.6%	24	35	25.5%	99	137
MADISON	6	8.7%	43	62.3%	10	14.5%	23	10	14.5%	33	69
MARTIN	14	3.5%	263	66.1%	57	14.3%	22	64	16.1%	57	398
MCDOWELL	29	4.6%	423	67.2%	95	15.1%	31	82	13.0%	21	629
MECKLENBURG	248	3.1%	4,826	60.8%	1,415	17.8%	74	1,445	18.2%	89	7,934
MITCHELL	5	2.2%	144	64.0%	44	19.6%	94	32	14.2%	31	225
MONTGOMERY	13	3.4%	243	63.0%	73	18.9%	88	57	14.8%	35	386
MOORE	22	2.9%	496	66.0%	111	14.8%	27	123	16.4%	64	752
NASH	50	4.6%	685	63.7%	168	15.6%	41	173	16.1%	56	1,076
NEW HANOVER	72	5.4%	878	66.0%	202	15.2%	34	178	13.4%	24	1,330
NORTHAMPTON	17	4.7%	225	61.6%	67	18.4%	79	56	15.3%	41	365
ONslow	101	3.9%	1,793	69.6%	392	15.2%	35	290	11.3%	8	2,576
ORANGE	42	3.2%	845	64.3%	207	15.7%	44	221	16.8%	71	1,315
PAMLICO	4	2.6%	99	63.9%	26	16.8%	57	26	16.8%	70	155
PASQUOTANK	27	5.7%	300	63.7%	67	14.2%	20	77	16.3%	63	471
PENDER	19	3.9%	275	56.4%	90	18.4%	83	104	21.3%	93	488
PERQUIMANS	9	6.3%	76	53.5%	25	17.6%	70	32	22.5%	95	142
PERSON	13	2.7%	312	66.0%	62	13.1%	11	86	18.2%	87	473
PITT	65	3.3%	1,212	61.0%	365	18.4%	81	346	17.4%	79	1,988
POLK	2	1.3%	101	63.5%	29	18.2%	78	27	17.0%	75	159

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RANDOLPH	66	3.7%	1,134	63.2%	295	16.4%	51	299	16.7%	69	1,794
RICHMOND	60	7.4%	527	65.2%	110	13.6%	14	111	13.7%	27	808
ROBESON	55	3.1%	1,058	59.1%	302	16.9%	58	376	21.0%	92	1,791
ROCKINGHAM	35	3.3%	714	66.4%	164	15.3%	38	162	15.1%	39	1,075
ROWAN	71	4.5%	1,053	66.2%	250	15.7%	43	217	13.6%	25	1,591
RUTHERFORD	46	5.5%	545	64.6%	126	14.9%	28	127	15.0%	37	844
SAMPSON	42	3.1%	712	53.1%	275	20.5%	98	311	23.2%	97	1,340
SCOTLAND	35	4.5%	517	66.9%	110	14.2%	21	111	14.4%	32	773
STANLY	32	5.3%	396	65.6%	83	13.7%	15	93	15.4%	44	604
STOKES	11	2.8%	277	69.9%	60	15.2%	33	48	12.1%	11	396
SURRY	14	2.9%	298	62.0%	82	17.0%	63	87	18.1%	86	481
SWAIN	9	5.1%	116	65.2%	25	14.0%	17	28	15.7%	48	178
TRANSYLVANIA	9	3.4%	165	62.3%	48	18.1%	77	43	16.2%	61	265
TYRRELL	6	5.1%	89	75.4%	12	10.2%	3	11	9.3%	3	118
UNION	43	2.3%	1,223	64.2%	344	18.0%	76	296	15.5%	45	1,906
VANCE	76	10.0%	503	66.4%	89	11.8%	5	89	11.8%	9	757
WAKE	306	3.6%	5,476	63.9%	1,446	16.9%	59	1,347	15.7%	47	8,575
WARREN	16	4.8%	220	66.7%	55	16.7%	54	39	11.8%	10	330
WASHINGTON	17	7.6%	139	62.3%	31	13.9%	16	36	16.1%	58	223
WATAUGA	8	2.4%	221	66.6%	62	18.7%	87	41	12.3%	13	332
WAYNE	61	4.1%	939	63.1%	247	16.6%	53	241	16.2%	59	1,488
WILKES	42	5.0%	519	61.9%	138	16.5%	52	139	16.6%	68	838
WILSON	49	3.5%	889	64.3%	202	14.6%	25	242	17.5%	80	1,382
YADKIN	12	2.2%	336	62.8%	91	17.0%	61	96	17.9%	85	535
YANCEY	4	2.5%	96	61.1%	29	18.5%	85	28	17.8%	83	157

\*\* Counties are ranked from 1 to 100, with 1 indicating the lowest (best) rate of overweight or obesity and 100 indicating the worst (highest) rate.