

Local Governments and Public Health



**A Presentation at the Eat Smart Move More
N.C. Leadership Team Meeting**

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December 1, 2011

Healthy Living



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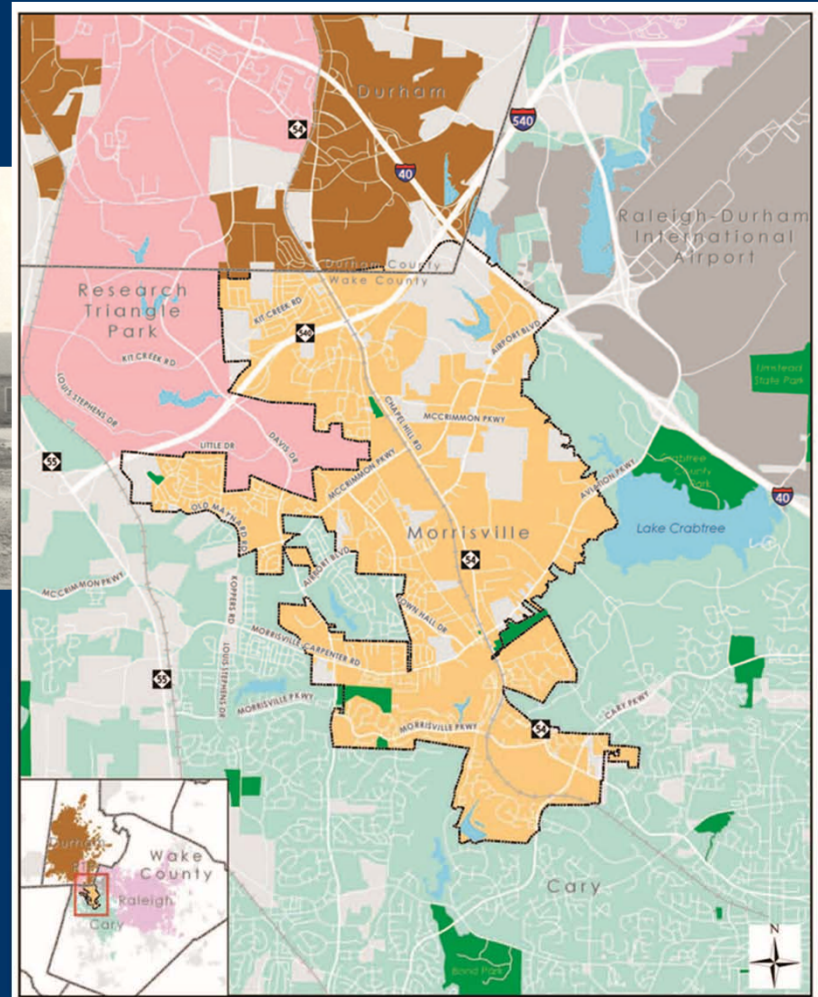
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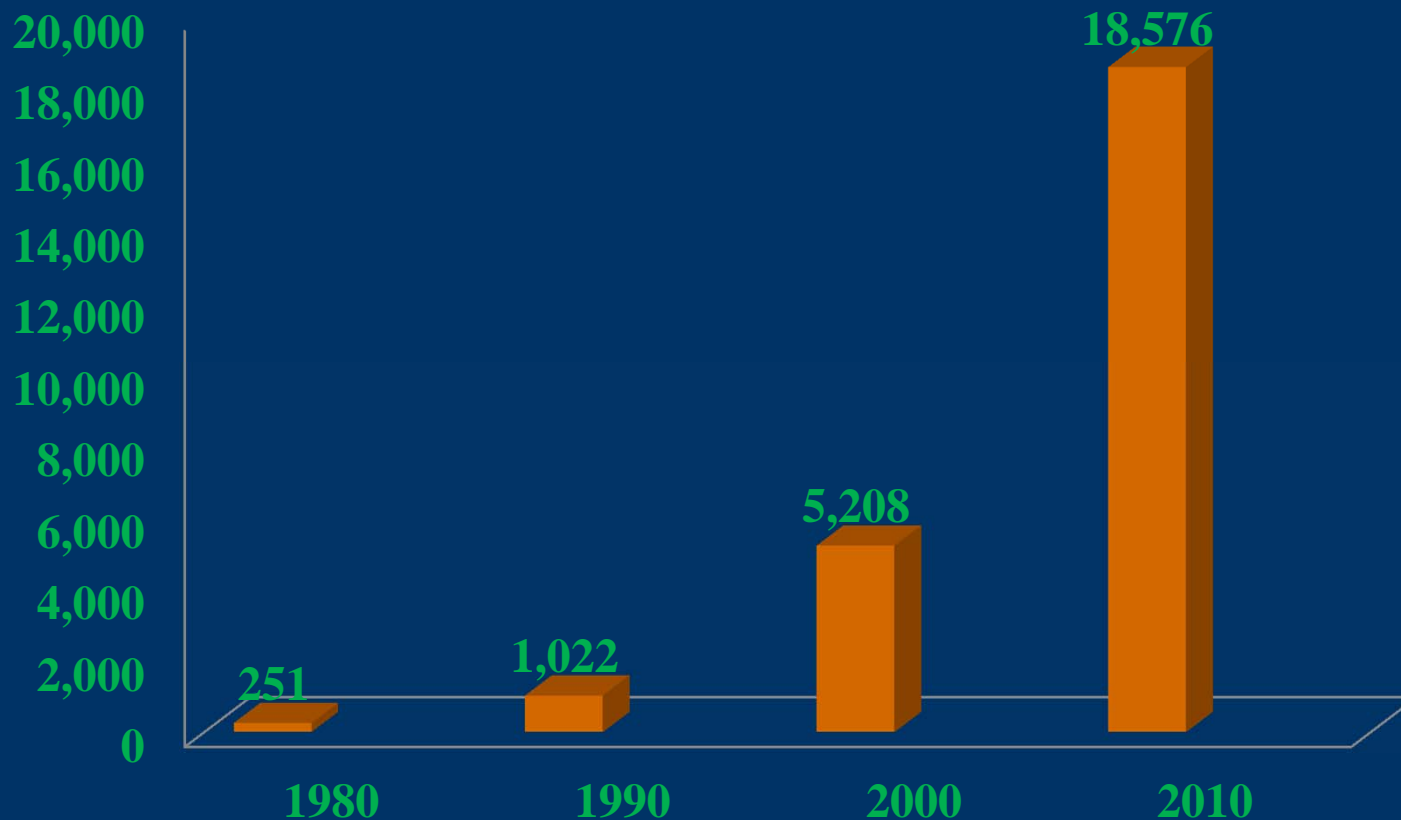
Healthy Living



Morrisville: From Refueling Stop, To Crossroads of Innovation



Growth in Morrisville Population (1980 – 2010)



Municipal Role in Public Health

- 1) Plan and create Active Community Environments**
- 2) Educate residents and employees**
- 3) Provide physical activity programming**

Active Community Environments

Plan Local Ped-Bike System

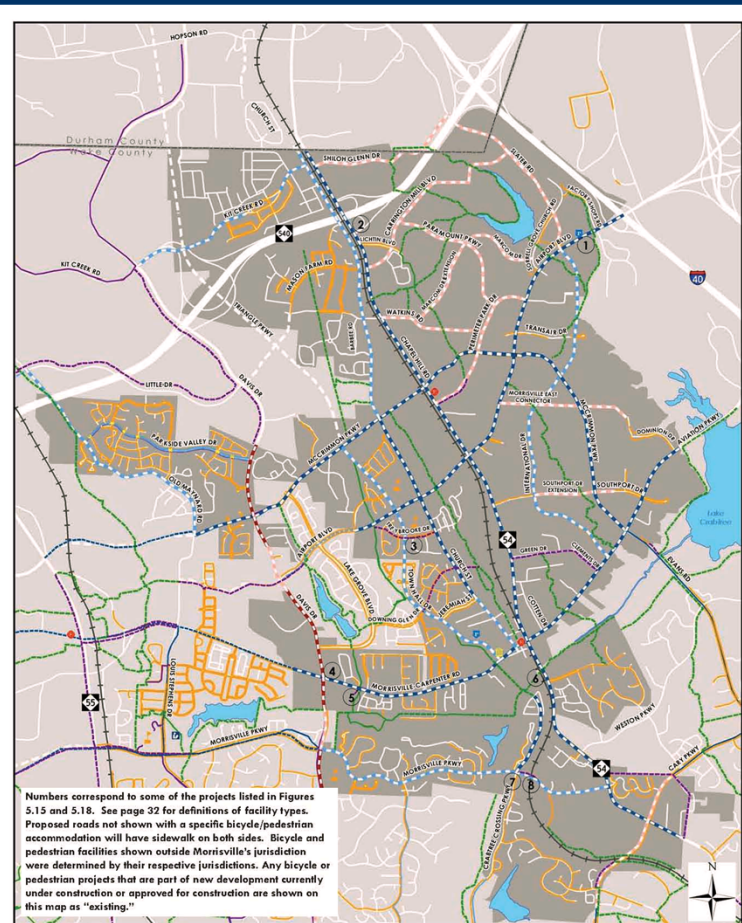
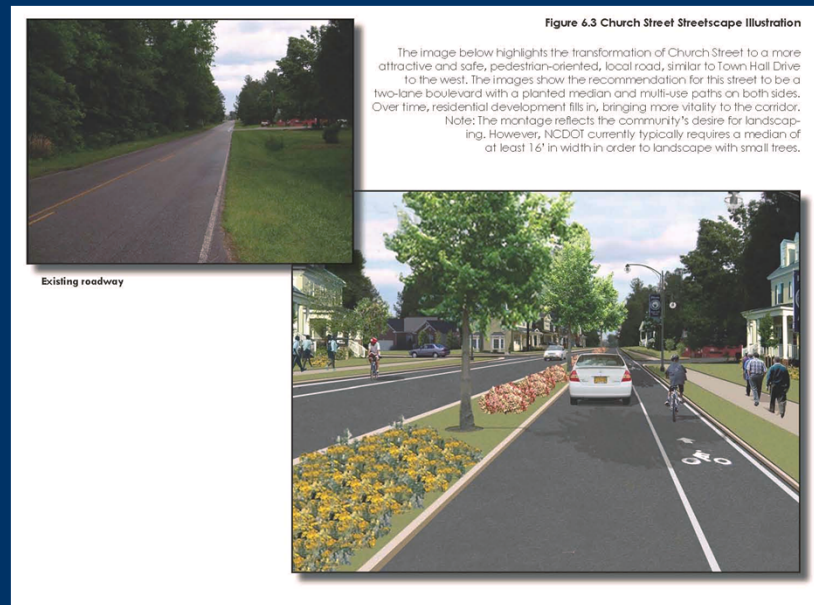


Figure 5.17 Recommended Bicycle/Pedestrian Facilities



Active Community Environments Build Sidewalks



Active Community Environments Build Sidewalks



Active Community Environments Build Sidewalks



Active Community Environments Build Bicycle Facilities



Indian Creek Greenway

Active Community Environments Create Walkable Communities



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Active Community Environments Create Walkable Communities



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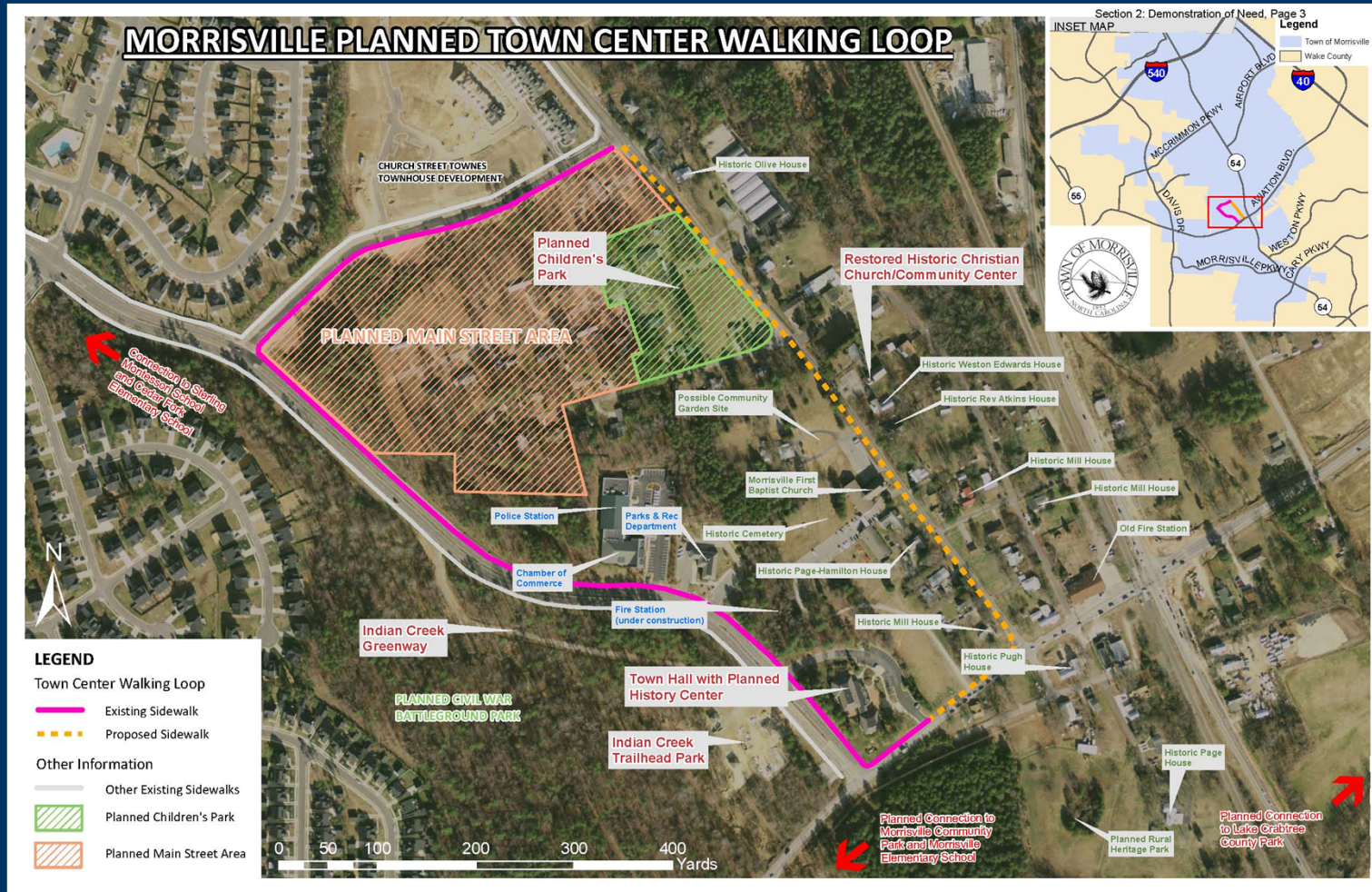
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Active Community Environments Create Walkable Communities



Active Community Environments

Create Walkable Town Center



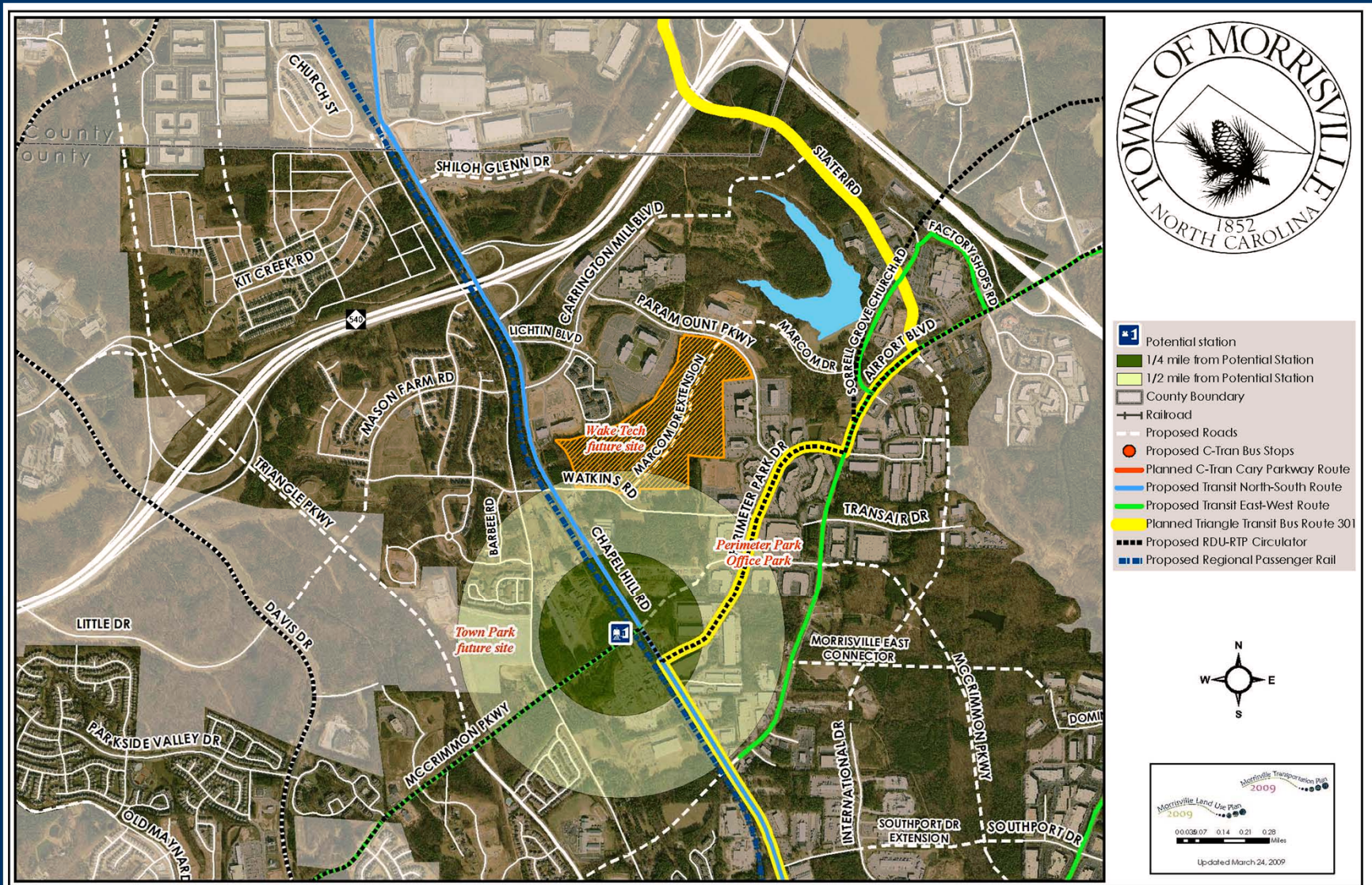
Town Center Walking Loop

Active Community Environments Create Walkable Town Center



Morrisville Main Street Project

Active Community Environments Support Transit Service



Education

Town of Morrisville

Year of Healthy Living



Education

Planning in the Classroom



Programming Annual Road Race



Joint event with BeActive North Carolina

Programming Semi-Annual Litter Sweep



Programming Community Garden



Question & Answer

