



**Eat Smart, Move More NC
Leadership Team Meeting**

December 9, 2014

2:00 - 4:30 p.m.

North Carolina Hospital Association

2400 Weston Parkway

Cary, NC 27513

The North Carolina's Plan to Address Obesity: *Healthy Weight, Healthy Communities 2013-2020* strategies addressed during this meeting are:

- Provide access to affordable healthy foods
- Enhance infrastructure to support bicycling, walking and wheeling
- Advocate for implementation of comprehensive local plans for land use and transportation

- 2:00 - 2:10 p.m. Welcome**
- Sherée Vodicka, Chair, Eat Smart, Move More NC
- 2:10 - 2:20 p.m. Welcome from the Host**
- Hugh Tilson, Executive Vice President, North Carolina Hospital Association
- 2:20 - 2:45 p.m. Eat Smart, Move More NC Leadership Team Updates**
- Sherée Vodicka, Chair, Eat Smart, Move More NC
 - Executive Committee
 - Eat Smart, Move More NC Orientation
- 2:45 - 3:10 p.m. The Basics of Youth Engagement: YES! Youth Empowerment Model©**
- Diana Manee, MSPH, CHES, Youth Empowered Solutions (YES!), Real Food Active Living Program Coordinator
- 3:10 - 3:55 p.m. Real Food, Active Living Youth Panel**
- Jake Standridge and Adison Buck, Madison County Student Government Association
 - Logan Shortt and Austin Hurst, YMCA Youth & Government program
- 3:55 - 4:20 p.m. Panel and Group Discussion – Opportunities for Others to Share their Youth Engagement Efforts**
- 4:20 - 4:30 p.m. Announcements and Closing Thoughts**
- Sherée Vodicka, Chair, Eat Smart, Move More NC

Eat Smart, Move More NC Leadership Team Meeting information is available on the web site at:

www.EatSmartMoveMoreNC.com

Mark your calendars for the upcoming 2015 Leadership Team Meetings.

Date	Time	Location
Thursday March 12 th	1:00 – 3:30 p.m.	American Heart Association
Wednesday June 17 th	1:00 – 3:30 p.m.	WakeMed Cary Hospital
September 14 th	1:00 – 3:30 p.m.	TBD
Wednesday December 2 nd	1:00 – 3:30 p.m.	YMCA of the Triangle Association Resource Center