# "Going Local: Results from the ESMMNC Local Coalition Policy Study"

Presented by student researcher,
Carolyn Bacchus
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# Background

- Based on the need for more information from local coalitions about what policy work they are currently engaged in.
- Project Purpose
- Deliverables:
  - Updated contact list of local coalitions
  - Documentation of methodology, timeline, IRB approval and other process notes
  - Survey tool, results, and summary
  - Interview tool, results, and summary
  - Final Report







# Methodology

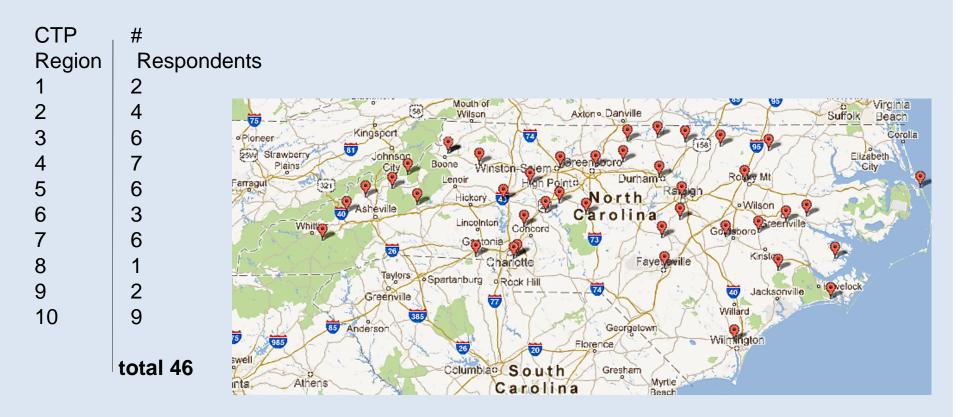
- Online Survey (Conducted May-June 2012)
  - Respondents were asked about 4-8 policy areas regarding Worksites,
     Community, and Schools.
  - n = 46
- Phone Interviews (Conducted August 2012)
  - Sampled from survey respondents by the 10 CTP regions
  - n=21
- Approved by UNC Asheville's Institutional Review Board
- Incentives
  - Participants received a \$25 grocery gift card for each portion of the study to be used to purchase healthy food and beverages for a coalition event.







# Online Survey Results

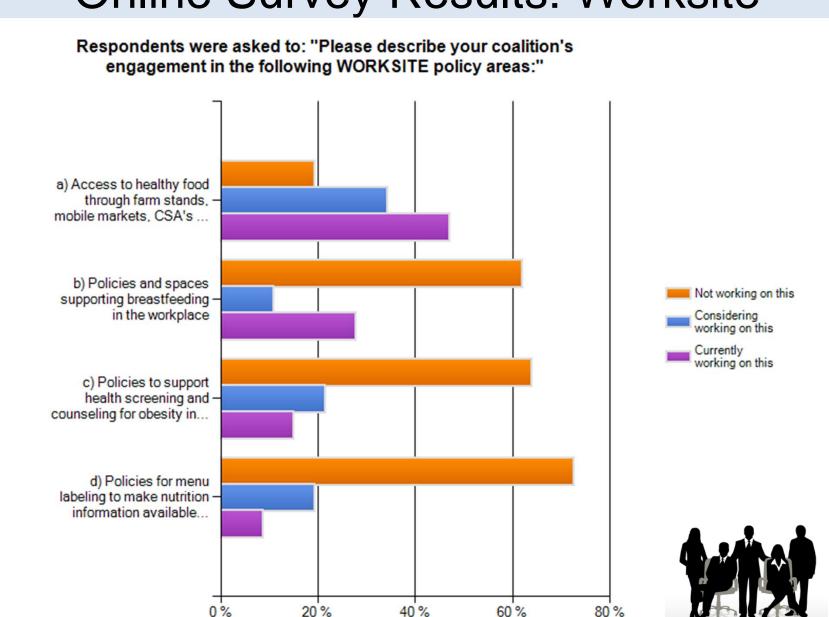








#### Online Survey Results: Worksite

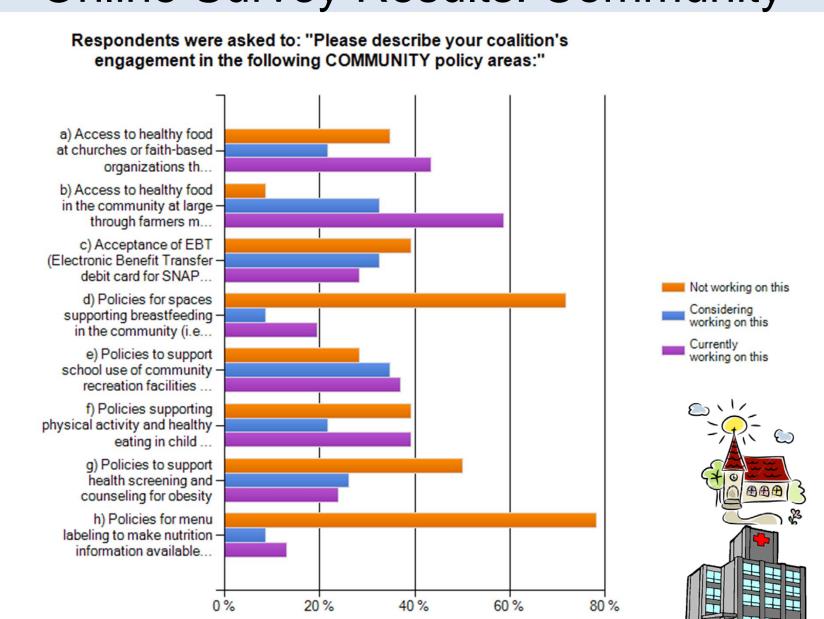


#### Phone Interview Results: Worksite

- Common policies:
  - -Breastfeeding in county offices
  - -CSA drop off sites
  - -Staff wellness policies in county offices
  - -Vending policies
  - -Dress code amended to allow exercise shoes



## Online Survey Results: Community

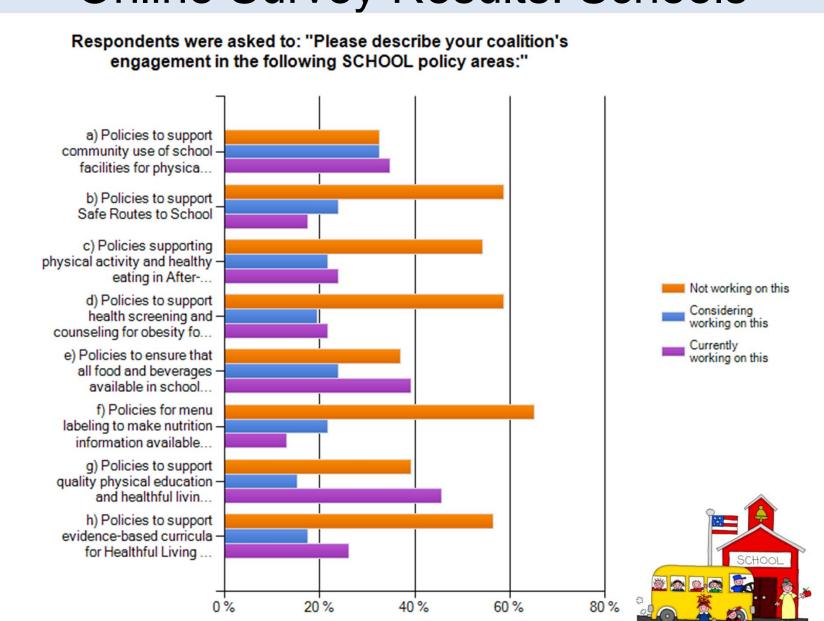


#### Phone Interview Results: Community



- Common policies:
  - -EBT/WIC payment programs at markets
    - -Restaurant menu labeling
    - -Produce in convenience stores

#### Online Survey Results: Schools



#### Phone Interview Results: Schools

- Common Policies:
  - -Safe route to school initiatives
  - -Joint use/after hours agreements
  - -Nutrition policies for snacks in after school care

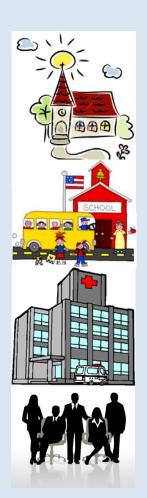


### Phone Interviews

- Commonly identified partners and champions
- Specific barriers
  - Resistance to change
  - Verbal, but not written commitments
- Specific audiences focused on by current policy work
  - Children (schools)
  - Low-income
  - Faith based organizations
  - Worksite









#### Conclusions & Recommendations

#### Conclusions

- Across the state there is a substantial amount of policy work being done at the local level.
- Comments/Concerns for ESMMNC from participants
- Large, but common range of policy being worked on
- Areas that few participants reported working on

#### Recommendations

- Connecting local coalitions to each other.
- Create/provide resources to address reoccurring barriers.
- Encourage alignment of local and state level policy.
- Maintain contact, and complete the same or a similar survey every two summers.







# Next Steps

- Final Report
- Fulfilled Deliverables
- Possible Publishing
- UNCA Service Learning Project







# Thank you!

 Please contact Carolyn Bacchus with any inquiries about this research project at cabacchu@unca.edu





