

# Welcome

Eat Smart, Move More NC

January 25, 2018

# Eat Smart, Move More NC

## Bylaws, Organizational Structure

- Member Approval



# Eat Smart, Move More NC

# BYLAWS

## ARTICLE I: Name, Mission and Purpose

### **Section 1: Name**

The group shall be known as "Eat Smart, Move More NC."

### **Section 2: Mission**

The mission of Eat Smart, Move More NC is to guide the Eat Smart, Move More NC movement in reversing the rising tide of obesity and chronic disease among North Carolinians by helping them to eat smart, move more and achieve a healthy weight.

### **Section 3: Purpose**

The purpose of Eat Smart, Move More NC is to provide a venue where partners across North Carolina working in physical activity and healthy eating collaborate to promote, support and provide guidance to the Eat Smart, Move More NC movement. Eat Smart, Move More NC works to change policies, practices, and environments to make eating smart and moving more possible for all North Carolina citizens.

## ARTICLE II: Membership

### **Section 1: Eligibility**

Membership shall be open to any individual, organization, business, agency, coalition or non-profit that supports the mission and purpose of the Eat Smart, Move More NC movement. All members attend Eat Smart, Move More NC meetings.

### **Section 2: Application**

Individuals or organizations wishing to become members shall submit an Individual or Organization Membership Application to the Coordinator. The applications may be reviewed by the Eat Smart, Move More NC Executive Committee. The applicant shall receive a copy of these bylaws upon membership.

Membership will be open to all who share in the purpose of Eat Smart, Move More NC.

### **Section 3: Roles and Responsibilities**

All decisions are made by consensus of the members of Eat Smart, Move More NC. Members are expected to conduct themselves in a manner that best represents the Eat Smart, Move More NC mission. If any member's actions are found to be inconsistent with the mission and purpose of Eat Smart, Move More NC or if any member falsely claims endorsement of an organization, business, service, product or the like by Eat Smart, Move More NC their membership may be revoked. Any member who feels another member has violated the mission and purpose of Eat Smart, Move More NC can bring the issue to the attention of the Executive Committee. The Executive Committee will review the information, and if warranted, will determine appropriate action.



## ARTICLE III: Executive Committee

### **Section 1: Number**

The Executive Committee will consist of eight (8) members: Chair, Vice Chair, Past Chair, Members at Large (4), and the Coordinator.

### **Section 2: Nominations**

The nominee(s) shall be current and active members. The Executive Committee shall be responsible for producing a slate of candidates for election annually.

### **Section 3: Election**

Elections will be held when needed based on Vice Chair and/or Members at Large completing their terms. Elections will be held during a regular meeting of the ESMM NC. Vice Chair and Members at Large shall be elected by consensus of Eat Smart, Move More NC. A vote will be taken if needed. The Chair position is assumed by the Vice Chair. The Coordinator is a non-voting member from the Community and Clinical Connections for Prevention and Health Branch (CCCCPH), NC Division of Public Health, and serves as staff to the Executive Committee. Each elected Executive Committee member will serve a two-year term.

### **Section 4: Powers and Duties of the Executive Committee**

The powers and duties of the Executive Committee shall consist of, but not be limited to, the following: ensure that Eat Smart, Move More NC operates in accordance with these bylaws, devise and execute such measures as they deem proper to promote the purpose of the Eat Smart, Move More NC, convene Ad Hoc Committees as needed and call and hold all regular and special meetings of the Eat Smart, Move More NC and the Executive Committee at such places and times as deemed proper. Should circumstances arise that require immediate response, the Executive Committee may act on behalf of Eat Smart, Move More NC in accordance with the stated mission and purpose of the Eat Smart, Move More NC.

### **Section 5: Vacancies**

Vacancies may be filled by a majority vote of the remaining members of the Executive Committee for the unexpired term. In the case of a tie, the Coordinator will vote to break the tie. In case of a vacancy of the Chair, the Vice Chair will assume the role of Chair for the remaining period of the vacated position and continue service through the scheduled term as chair.

## ARTICLE IV: Committees

### **Section 1: Ad-Hoc Committees**

Ad-Hoc Committees may be appointed by the Chair with input from the Executive Committee to perform specific tasks as needed by Eat Smart, Move More NC. A member of the Executive Committee shall be assigned to each Ad-Hoc Committee and shall report the committee's progress at Executive Committee or Eat Smart, Move More NC meetings. The Executive Committee representative to the Ad-Hoc Committee may or may not be the chair of the Ad-Hoc Committee. Ad-Hoc Committee membership will be made up of members who have the skills needed for the specific committee. Every effort will be made to select committee members that allow for the most individual and organization members to participate.

## ARTICLE V: Meetings

### **Section 1: Executive Committee Meetings**

The Executive Committee shall meet at least four (4) times per year. A quorum of Executive Committee members will be constituted by a majority of the Executive Committee members in attendance for any Executive Committee meeting.

### **Section 2: Eat Smart, Move More NC Meetings**

Eat Smart, Move More NC meetings will be held multiple times each year with the date, location and form (e.g. in-person, virtual) of the meetings to be determined by the Executive Committee.

### **Section 3: Parliamentary Procedure**

In the absence of rules specified in these bylaws, all proceedings of Eat Smart, Move More NC and Executive Committee shall be conducted in accordance with Robert's Rules of Order.

### **Section 4: Amendments to Bylaws**

These bylaws may be amended, altered and repealed, and new bylaws may be adopted at any regular or special meeting of Eat Smart, Move More NC.

# Organizational Structure

### EXECUTIVE COMMITTEE

The Executive Committee consists of the following positions: Chair, Vice Chair, Past Chair, Members at Large (4) and Coordinator. Each of these positions is described below.

#### Chair

The Chair is responsible for providing the leadership and direction to carry out the mission of Eat Smart, Move More NC. This position is responsible for convening regularly scheduled and Executive Committee meetings and will preside or arrange for other members of the Executive Committee to preside at each meeting in the following order: Vice Chair, Past Chair, Members at Large and Coordinator. The Chair serves for a period of two (2) years and may be reelected for an additional term, after which they will serve as Past Chair.

*The Chair will:*

- Schedule, oversee and lead Eat Smart, Move More NC meetings
- Schedule and oversee at least four (4) Executive Committee meetings each year
- Serve as a voting member of the Executive Committee and attend all meetings
- Work with the Coordinator to prepare the agenda for Eat Smart, Move More NC meetings and Executive Committee meetings
- Provide information, advice, and counsel to the Executive Committee in the creation of policies, programs, and strategic direction of Eat Smart, Move More NC
- Work in partnership with the Coordinator to make sure Executive Committee resolutions are carried out
- Call special meetings if necessary
- Appoint Ad-Hoc Committees to perform specific tasks as needed by Eat Smart, Move More NC
- Act as spokesperson for Eat Smart, Move More NC
- Rotate into the position of Past Chair following his/her term as Chair

#### Vice Chair

The Vice Chair serves for a period of two (2) years, at which time they will serve two (2) years as Chair. If the Chair is elected to a second term, the Vice Chair will automatically serve a second term as Vice Chair.

*The Vice Chair will:*

- Attend Eat Smart, Move More NC meetings
- Serve as a voting member of the Executive Committee and attend all meetings
- Carry out special assignments as requested by the Chair
- Understand the responsibilities of the Chair and be able to perform these duties in the Chair's absence
- Serve as a spokesperson for Eat Smart, Move More NC

## Members at Large (4)

Members at Large serve for a period of two (2) years.

*The Members at Large will:*

- Attend Eat Smart, Move More NC meetings
- Serve as a voting member of the Executive Committee and attend all meetings
- Carry out special assignments as requested by the Chair
- Serve as a spokesperson for Eat Smart, Move More NC

## Past Chair

The Past Chair is responsible for offering expertise and continuity to the Executive Committee. The Past Chair serves for a period of two (2) years.

*The Past Chair will:*

- Attend Eat Smart, Move More NC meetings
- Serve as a voting member of the Executive Committee and attend all meetings
- Carry out special assignments as requested by the Chair
- Offer a historical perspective and insights during the meetings
- Serve as a spokesperson for Eat Smart, Move More NC

## Coordinator

The Coordinator has the primary responsibility of working with the Chair in setting the agenda and organizing meetings of Eat Smart, Move More NC. The Coordinator is staff from the Community and Clinical Connections for Prevention and Health Branch, NC Division of Public Health and serves as staff to Eat Smart, Move More NC.

*The Coordinator will:*

- Attend quarterly Eat Smart, Move More NC meetings
- Attend Executive Committee meetings
- Work with the Chair to draft the agenda for Eat Smart, Move More NC meetings and Executive Committee meetings
- Work with the Chair to ensure Executive Committee resolutions are carried out
- Process membership applications from individuals and organizations whose purpose and mission support the Eat Smart, Move More NC movement
- Solicits information for and prepares quarterly Eat Smart, Move More NC e-newsletters
- Provide information, advice, and counsel to the Executive Committee in the creation of policies, programs, and strategic direction of Eat Smart, Move More NC
- Assist chair with creating meeting schedules, agendas and meeting materials as well as identifying meeting locations

## COMMITTEE DESCRIPTIONS

### Ad-Hoc Committees

Ad-Hoc Committees shall be appointed by the Chair with input from the Executive Committee to perform specific tasks as needed by Eat Smart, Move More NC.

*Ad-Hoc Committees shall:*

- Include a member of the Executive Committee who shall report the committee's progress at Executive Committee or Eat Smart, Move More NC meetings. The Executive Committee representative to the Ad-Hoc Committee may or may not be the chair of the Ad-Hoc Committee
- Include members who have the skills needed for the specific committee. Every effort will be made to select committee members that allow for the most member entities to participate



# Eat Smart, Move More NC

## Committee Report



# Member Highlight

**NC STATE UNIVERSITY** College of Agriculture and Life Sciences

## THE Kitchen(s)

Teaching and Research for Healthy Families and Communities

Department of Agricultural and Human Sciences



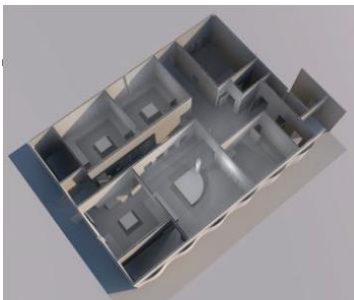
1 LARGE KITCHEN RENDERING



1 OBSERVATION RENDERING



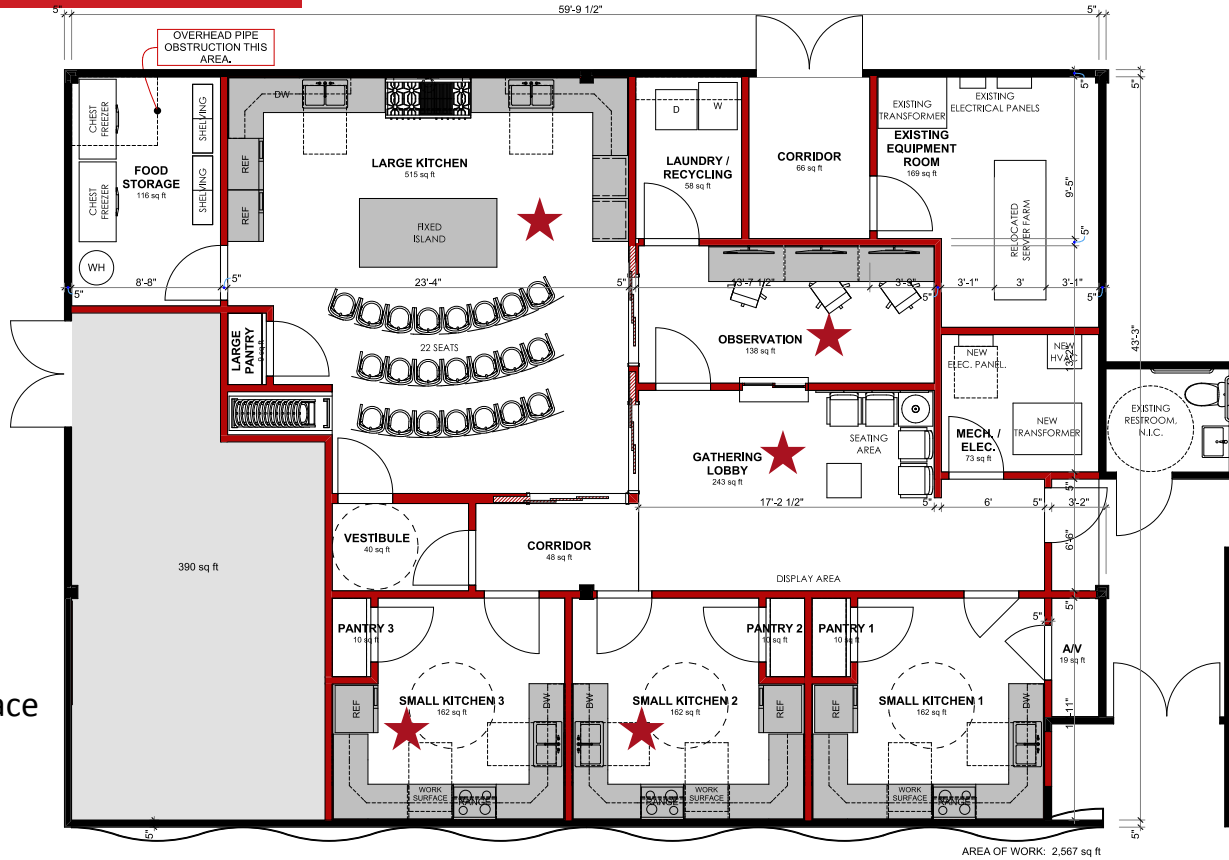
1 SMALL KITCHEN RENDERING



***Consumers make food choices that impact the health and wellness of the family and community.***

**Consumer Test Kitchen initiatives include:**

- Hands-on **training** for field faculty on food preparation and food preservation
- **Video** streaming for field faculty and consumers on time sensitive foods and nutrition issues
- Research in the area of consumer food behaviors including **consumer observation**
- Research in the area of **recipe development** for consumers including food preservation



★ Indicates a named space

1 FLOOR PLAN - OPTION 2  
SCALE: 3/16" = 1'-0"

### FLOOR PLAN - OPTION 2

NC Safe Plates at Home Initiative Fit-Up

13 JUNE 2016

16-803.00

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**COST ESTIMATES BASED ON NCSU SCOPING STUDY COMPLETED JUNE 2016:**

**Location: First Floor, 512 Brickhaven Drive (center of building)**

Total Area	2,000 square feet (all areas are estimated)
Construction and Moving Costs	\$343,000 (includes electrical, mechanical and plumbing)
Appliances	\$12,000 (upfitting kitchens)
Additional Costs	\$45,000 (Includes digitizing confidential files)
Total Cost of Consumer Test Kitchen	\$400,000
Annual Operating Costs	\$40,000 (Maintenance, Food Supplies, Facility/Course Management and Technical Support for Kitchen and NC Safe Plates at Home Program)

**PROPOSED NAMING AMOUNTS AND SPACES:**

<i>Donor Name</i> CALS Consumer Test Kitchen (2,000 square feet)	\$300,000	<b>AVAILABLE</b>
<i>Donor Name</i> CALS Food Safety Teaching Kitchen (515 square feet)	\$50,000	★
<i>Donor Name</i> CALS Kitchen Observation/Classroom (243 square feet incl. A/V)	\$35,000	★
<i>Donor Name</i> CALS NC Safe Plates at Home Welcoming Lobby (200 square feet)	\$35,000	★
<i>Donor Name</i> CALS Consumer Kitchens (3 available, 162 square feet each)	\$35,000 each	★ ★ <b>1 AVAILABLE</b>
<i>Donor Name</i> CALS NC Safe Plates at Home Food Storage (100 square feet)	\$25,000	<b>AVAILABLE</b>
<i>Donor Name(s)</i> NC Safe Plates at Home Program Endowment and/or Annual Funds	must generate \$40,000 annually*	<b>AVAILABLE</b>

*\*Some endowments and funds already created by donors to the Department of Agricultural and Human Sciences can be used to support the program; we will continue to seek other funders.*

# DUKE WORLD FOOD POLICY CENTER

January 25, 2018



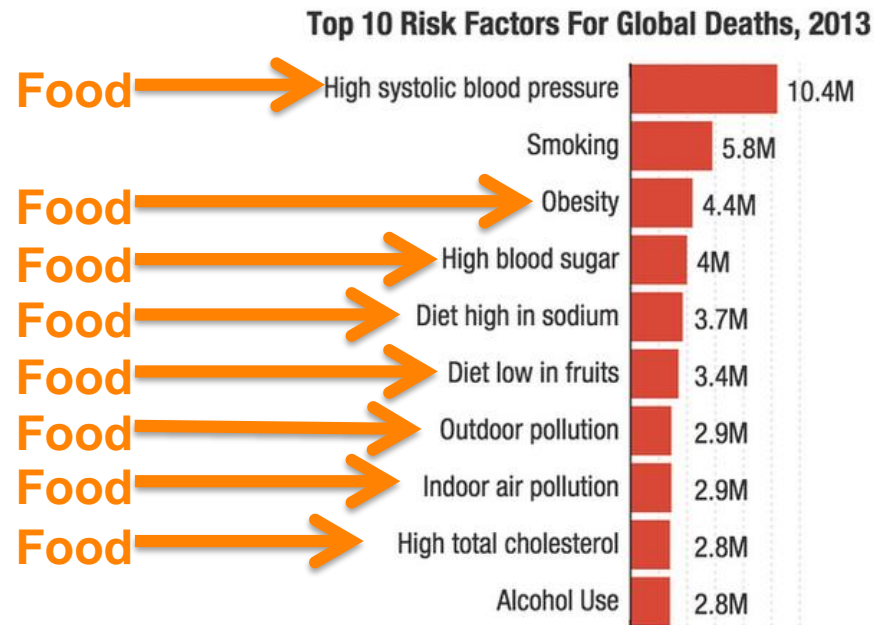
# AGENDA

- Welcome & Introductions
- WFPC – Who We Are
- North Carolina efforts
- Topical Breakouts
- Reconvene



# WHY CARE about policies affecting the food system?

8 out of 10 leading global causes of death are diet-related



Global Burden of Disease Study  
Lancet, 2015

## WHO WE ARE

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Driving innovative food systems change by bridging **research**, **policy**, **practice**, and **people**.

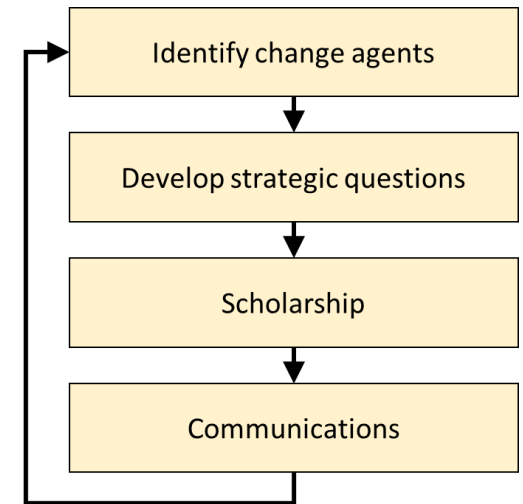


Local, Regional, National  
and Global Policies

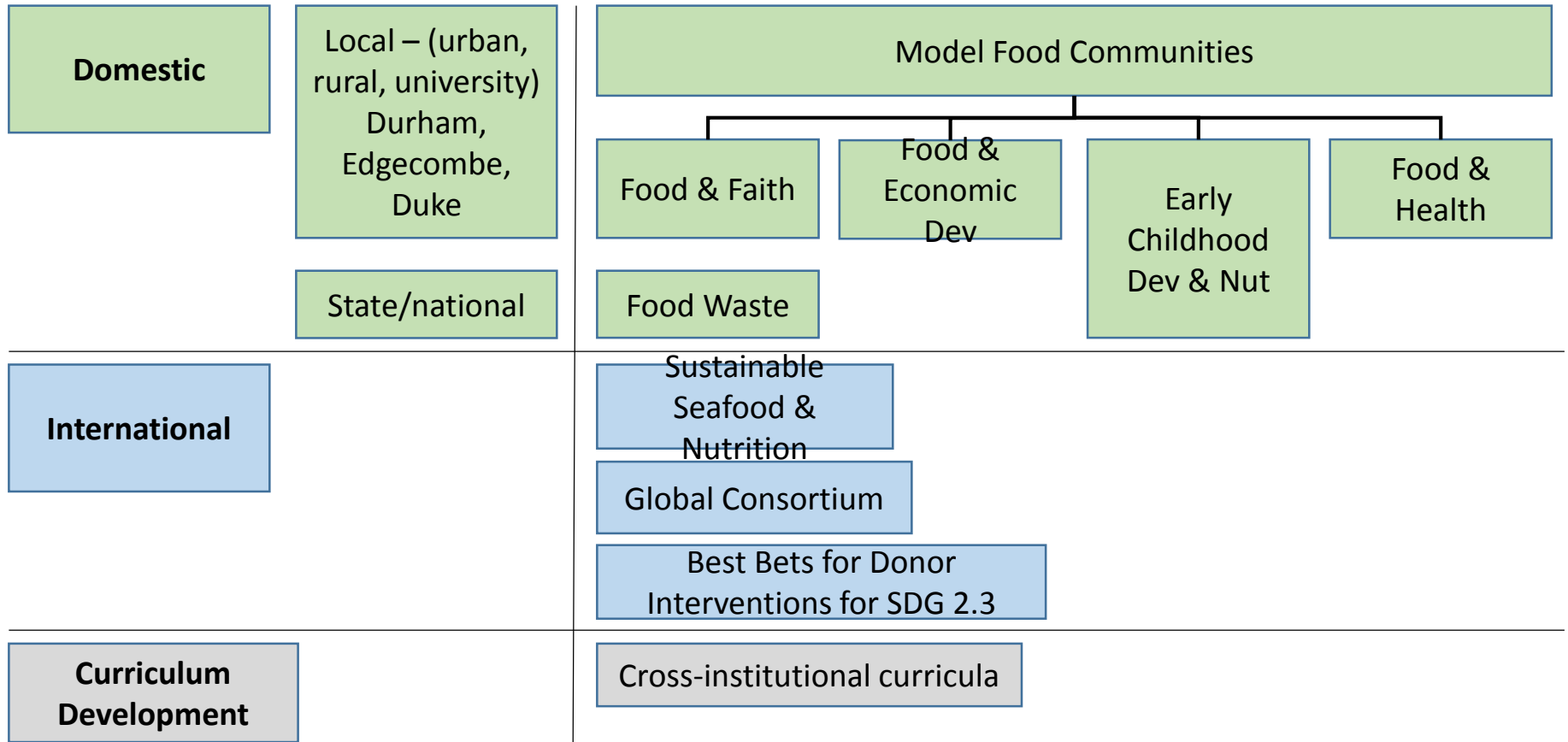


# ACTIVITIES

<b>Education</b>	Next generation of leaders.
<b>Research</b>	“Strategic science”.
<b>Convening</b>	Change agents developing creative solutions.
<b>Policy Lab</b>	Test policy and practice solutions.
<b>Communications</b>	Bridge research, practice, and people.



# PROJECT UPDATES



# MODEL FOOD SYSTEMS COMMUNITIES

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## Selection of Rural County

- Key partners
- Community informed process
- Documenting stories



# MODEL FOOD SYSTEMS COMMUNITIES

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- **Food & Economic Development**
  - Self-Help partnership
  - Helius Foundation partnership
- **Food & Health**
  - ASAP Healthy Eating in Practice Conference
  - Duke Healthy Campus Initiative
- **Food & Early Childhood**
  - State-of-the-science/practice
- **Food & Faith**
  - State-of-the-science/practice



## Breakout conversations

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- **Food & Obesity/Chronic Disease**
- **Food & Hunger/Malnutrition**
- **Food & Early Childhood**
- **Food & Faith**

## SUB-COMMITTEE QUESTIONS

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- What is your interest, organization and role, how do you connect to this topic?
- What are the key issues on which you/your organization is focusing in this area?
- What is a particularly interesting research Q that needs to be answered relative to this topic?
- What does a model food community for this topic look like to you?
- What are the gaps in this space from your perspective-what is not being done?
- Who are your key partners/who do we need to be connected with in this area?
- How would you like to be involved moving forward?

# Eat Smart, Move More NC

## Membership Information Update

- Organization
- Individual

Links will be sent tomorrow – via Constant Contact

Also posted on the Eat Smart, Move More NC website:

<http://eatsmartmovemorenc.com/AboutUs/Join.htm>

# Call to Action - Hunger

## Donate to your local Food Bank

1. Take out your smart phone
2. Go to this web page:  
[www.feedingthecarolinas.org](http://www.feedingthecarolinas.org)
3. In the top right corner click on “Donate Today”
4. Make a donation! In the space provided for special instructions put in Eat Smart, Move More NC

Thanks!



# Eat Smart, Move More NC

2018 meeting dates:

March 20

September 13

December 6

Thank You!

