



**Eat Smart, Move More NC
Leadership Team Meeting**

March 12, 2015

1:00 - 3:30 p.m.

American Heart Association
3131 RDU Center Drive
Suite 100, Morrisville, NC 27560

The *North Carolina's Plan to Address Obesity: Healthy Weight, Healthy Communities 2013-2020* strategies addressed during this meeting are:

- Implement healthier food and beverage choice policies and practices
- Provide access to affordable healthier foods
- Institute policies and practices to provide options for smaller portion sizes
- Allow community members to use facilities (e.g., outdoor space, meeting rooms, playgrounds) for physical activity
- Discourage consumption of sugar-sweetened beverages, and encourage drinking water

1:00 – 1:15 p.m. Welcome and Introductions

- Sherée Vodicka, Chair, Eat Smart, Move More NC

1:15 – 1:20 p.m. Welcome from the Host

- Betsy Vetter, Senior Director, Government Relations, American Heart Association, NC Affiliate

1:20 – 1:30 p.m. Eat Smart, Move More NC Leadership Team Updates

- Sherée Vodicka, Chair, Eat Smart, Move More NC
 - Welcome New Executive Committee Members
 - New Member Orientation – March 24th at 2:00 p.m.

1:30 – 2:45 p.m. Promoting Healthy Eating and Physical Activity in Faith-Based Organizations

- Dr. Annie Hardison-Moody, Research Assistant Professor, Department of Youth, Family, and Community Sciences, North Carolina State University
- Dawn Wilde Burgess, Community Health Promotion Supervisor, Macon County Health Department
- Shanicka Porter, Health Ministry Leader, Mount Peace Baptist Church, Raleigh

2:45 – 3:00 p.m. Panel and Group Discussion – Opportunities for Others to Share their Faith-Based Efforts

3:00 – 3:30 p.m. Announcements and Closing Thoughts

- Sherée Vodicka, Chair, Eat Smart, Move More NC

Eat Smart, Move More NC Leadership Team Meeting information is available on the web site at:

www.EatSmartMoveMoreNC.com

Mark your calendars for the upcoming 2015 Leadership Team Meetings.

Date	Time	Location
Wednesday June 17 th	1:00 – 3:30 p.m.	WakeMed Cary Hospital
September 15 th	1:00 – 3:30 p.m.	Cabarrus Health Alliance
Wednesday December 2 nd	1:00 – 3:30 p.m.	YMCA of the Triangle Association Resource Center