



March 20, 2018  
Virtual Meeting  
1:00 – 2:30

Go to Webinar

<https://register.gotowebinar.com/register/5110074137365147907>

The *North Carolina's Plan to Address Obesity: Healthy Weight, Healthy Communities 2013-2020* strategies addressed during this meeting are:

- Establish policies and practices to create a school environment that encourages a healthy body image, shape, and size among all students and staff members, accepts diverse abilities, and does not tolerate weight-based teasing or stigmatizing healthy eating and physical activity.
- Teach educators and other school personnel how to increase children's physical activity, decrease their sedentary behavior, and advise parents or caregivers about their physical activity.
- Ensure participation of organization leaders and members in community coalitions or partnerships to address obesity.

1:00 – 1:05	Welcome and Introductions	Melissa Roupe
1:05 – 1:10	Basic Webinar information	Melissa Roupe
1:10 – 1:25	Eat Smart, Move More NC <ul style="list-style-type: none"><li>• Executive Committee members for 2018 – 2020</li><li>• Bylaw revision</li><li>• Annual membership update</li></ul>	Executive Committee
1:25 – 1:40	Presentation #1 – Poe Center for Health Education	Rachel Pohlman Lauren McCallum
1:40 – 1:50	Q and A	
1:50 – 2:05	Presentation #2 – The Health Foundation of Wilkes County	Heather Murphy
2:05 – 2:15	Q and A	
2:15 – 2:25	Call to Action	Joanne Lee
2:25 – 2:30	Wrap-up	Melissa Roupe

Eat Smart, Move More NC membership information is available at [EatSmartMoveMoreNC.com](http://EatSmartMoveMoreNC.com)

**Mark your calendars** for the upcoming 2018 Eat Smart, Move More NC Meetings:

**September 13, 2018**

**December 6, 2018 – JC Raulston Arboretum**