

Welcome to the
Eat Smart, Move More NC
Membership Meeting

May 31, 2017

Meeting Agenda

- Introductions
- Overview of Actions since Dec. 2016 Meeting
- Introduction to Workgroups
 - Break
- Workgroup Discussions
- Workgroup Discussion Results
- Healthy Out of School Time Recognition Program
- Future Meeting Announcements
- Wrap-Up/Feedback

Introductions

Please stand and state your...

Name

Organization you represent

Overview of Actions Since Dec. 2016

Step 1

- *Meeting and Feedback Summary* sent to all Eat Smart, Move More NC members.

Overview of Actions Since Dec. 2016

Step 2

- Summarized results from small group facilitator notes and meeting participant worksheets.
- Identified 21 unique suggestions across the three topics discussed:
 - Leadership Team Engagement (n=5)
 - Ambassador Program (n=7)
 - Strategy Implementation (n=9)

Overview of Actions Since Dec. 2016

Step 3

- Executive Committee (EC) members rated impact and feasibility for the 21 suggestions
- Held an EC Meeting on February 13 to review results
- Grouped highest impact/feasibility suggestions into topic areas and assigned EC members to discuss:
 - 1) Movement Structure and Role
 - 2) Meeting Enhancements
 - 3) Communication and Connections Opportunities

Overview of Actions Since Dec. 2016

Step 4

- Held EC meeting March 16 to review topic area's recommendations:
 - how current activities may already address the suggestions
 - what new activities could be developed to address the suggestions.

Overview of Actions Since Dec. 2016

Step 5

- At today's meeting, we will begin the process of forming topic **workgroups** to plan the implementation of several suggestions
 - 1) Movement Structure and Role
 - 2) Meeting Enhancements
 - 3) Communication and Connections Opportunities

Introduction to Workgroups



Handout A: Workgroups Summary

For each topic area...

- Prioritized suggestions
- How recent decisions and/or current activities conducted by/for the movement may address recommendations
- Preliminary ideas for new activities

1) Movement Structure and Roles



Handout A: Workgroups Summary

- Maintain name and structure of the EC
- Rename ‘Leadership Team’ and allow both individual and organizational membership
 - Replace the name “Leadership Team” with “Ambassadors”
 - Allow for org. and individual membership as “Ambassadors” of *Eat Smart, Move More NC*
 - Organizations would have designated ambassadors
- Discontinue ‘voting member’ status for membership

2) Meeting Enhancements



Handout A: Workgroups Summary

- Continue 2-3 “in-person” meetings per year and maintain central NC location for those meetings
- Plan 2017 meetings that provide opportunities for education, training, and networking at each meeting
- Explore opportunities for virtual meetings throughout the year

3) Communication and Connection Opportunities



Handout A: Workgroups Summary

- Reconsider use and distribution of e-newsletter
- Explore additional strategies for communicating and connecting between meetings

Overview of Actions Since Dec. 2016

Questions?



Workgroup Discussion Instructions

Select and move to a workgroup table:

- 1) Movement Structure and Role
 - 2) Meeting Enhancements
 - 3) Communication and Connections Opportunities
- *Selection today is not permanent (commitments welcome)*
 - *Distribute representatives from single organization*

BREAK



Workgroup Discussions

- 1) Movement Structure and Role
- 2) Meeting Enhancements
- 3) Communication & Connections Opps.



Worksheet 1: Self-Reflection

Workgroup Discussion Results

- 1) Movement Structure and Role
- 2) Meeting Enhancements
- 3) Communication & Connections Opportunities

Member



Future Meeting Announcements

Day	Date	Time	Location	Focus Area
Wednesday	Sept 20th	9:30 – 3:30	Embassy Suites, Cary, NC	Physical Activity - Walking
Thursday	Dec 7th	1:00 – 3:30	TBD	TBD

Move More Walk Now

movemorewalknowNC.com

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Participate in a walkability audit in a local neighborhood and LEARN:

- Ways to promote walkability in your community.
- How to create "pop-ups" and ways to make your neighborhood more walkable.
- About movemorewalknowNC.com.

WORKSHOP REGISTRATION FORM

WEDNESDAY, SEPTEMBER 20, 2017 | 9:30–3:30
EMBASSY SUITES | 201 HARRISON OAKS BLVD, CARY, NC

This workshop is for anyone interested in learning more about supporting walking efforts in their community.

MARK FENTON, our workshop facilitator, is a national public health, planning, and transportation consultant and former host of the *America's Walking* series on PBS television. He's a vocal advocate for non-motorized transportation and a recognized authority on community and environmental initiatives to encourage more walking.



Registration Fee: \$25.00

Deadline: September 8, 2017

Checks only; make payable to:
**Foundation for Health
Leadership and Innovation**

Mail registration form and check to:

Alicia Clark
NC Division of Public Health
Community and Clinical Connections
for Prevention and Health Branch
1915 Mail Service Center
Raleigh, NC 27699-1915

Name: _____

Organization/Agency: _____

Address: _____

Email Address: _____

Phone: _____



Meeting Feedback Form

- Please share your feedback
- Leave on table

Thank You!