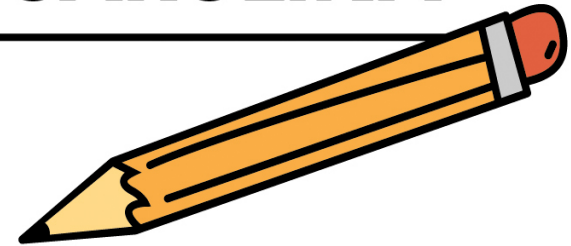


**MOVE MORE NORTH CAROLINA**

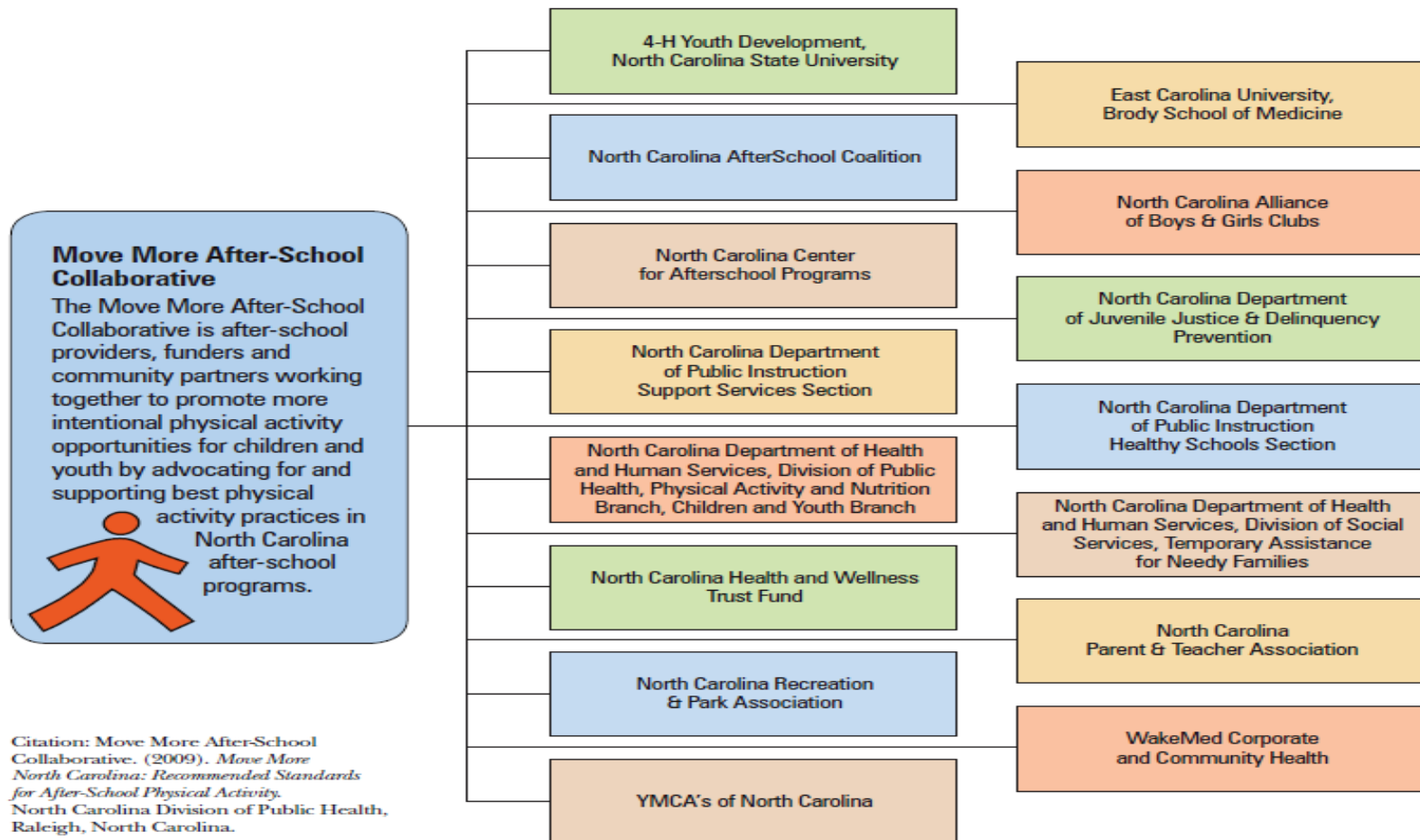
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**Recommended  
Standards  
for**



**After-School  
Physical Activity**

# Move More After-School Collaborative



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# What is the purpose?

- Guide the creation of practices, policies and environments supportive of physical activity in after-school programs.



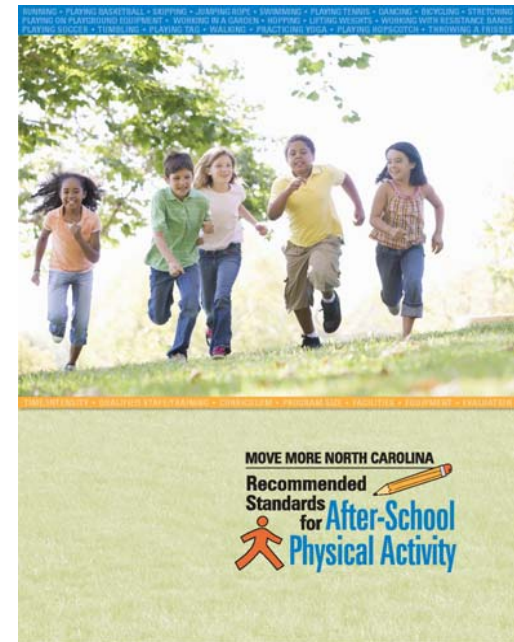
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# Development Process

- **On-Line Survey** – December 2007
  - **Focus Groups** – February and March 2008
  - **Literature Review** – Spring and Summer 2008
  - **Consensus Panel** – September 2008
  - **Interim Review of Standards** – October 2008
  - **External Review** – January 2009
  - **Public Release** – April 30, 2009
-

## Move More After-School Standards

- Time/Intensity
- Qualified Staff/Training
- Program Size
- Equipment
- Curriculum
- Facilities
- Evaluation



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# Next Steps

- Dissemination
  - Searchable Web database of physical activity resources
  - Web site
-

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# Support the Move More After-School Standards

- Promote the Standards
    - List serves
    - Newspaper articles
    - Newsletters
  - Include the Standards with funding requirements
  - Promote resources that support after-school programs in using the Standards
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# Questions?

