



**Eat Smart, Move More NC
Leadership Team Meeting**
September 15, 2015
1:00 - 3:30 p.m.
Cabarrus Health Alliance
300 Mooresville Road
Kannapolis, NC

The North Carolina's Plan to Address Obesity: *Healthy Weight, Healthy Communities 2013-2020* strategies addressed during this meeting are:

- Provide access to affordable healthy foods.
- Implement policies and practices to improve the availability of locally grown foods by expanding farmers' markets and farm stands.
- Provide incentives for the production, distribution and procurement of foods from local farms.

1:00 – 1:10 p.m. Welcome and Introductions

- Sherée Vodicka, Chair, Eat Smart, Move More NC

1:10 – 1:20 p.m. Welcome from the Host

- Jennifer West, Program Manager, Racial and Ethnic Approaches to Community Health (REACH), Cabarrus Health Alliance

1:20 – 1:30 p.m. Eat Smart, Move More NC Leadership Team Updates

- Sherée Vodicka, Chair, Eat Smart, Move More NC
 - Membership Application Updates
 - New Member Webinar

1:30 – 3:10 p.m. Increasing Access to Local Foods

- Aaron Newton, Lomax Incubator Farm Coordinator, Carolina Farm Stewardship Association
- Jennifer Newton, Owner, Peachtree Market
- Jessica Castrodale, Community Outreach Coordinator, Carolinas HealthCare System North East

Discussion Questions

3:10 – 3:30 p.m. Announcements and Closing Thoughts

- Sherée Vodicka, Chair, Eat Smart, Move More NC

Eat Smart, Move More NC Leadership Team Meeting information is available on the web site at:

www.EatSmartMoveMoreNC.com

Mark your calendars for the upcoming 2015 Leadership Team Meetings.

Date	Time	Location
Wednesday December 2 nd	1:00 – 3:30 p.m.	YMCA of the Triangle Association Resource Center