



Eat Smart, Move More NC  
Leadership Team Meeting  
Catawba Valley Medical Center  
AHEC Building, Room 112  
810 Fairgrove Church Road  
Hickory, NC 28602

**1:00 - 1:15 p.m.**

**Welcome**

Dr. Vondell Clark, Chair, Eat Smart, Move More NC

**1:15 - 1:45 p.m.**

**Healthy Schools Recognition Program**

Amy McCauley, Community Outreach Manager, Catawba  
County Public Health

**1:45 - 2:15 p.m.**

**Interactive Health: Fighting the childhood obesity  
epidemic in our schools**

Laura Marino, BSN, NCSN, Brawley Middle School  
Dana Overcash LPC, Brawley Middle School  
Mary Shalvey NBCT, Teacher of the Year, NC Fuel Up To  
Play60 Advisor of the Year, Brawley Middle School

**2:15 - 2:45 p.m.**

**Catawba Valley Medical Center's Healthy House**

Dr. Vondell Clark, Medical Director, Catawba Valley  
Medical Center's Healthy House

**2:45 - 3:00 p.m.**

**Walk to the Healthy House**

**3:00 - 3:30 p.m.**

**Tour of the Healthy House**

Eat Smart, Move More NC Leadership Team Meeting information is  
now available on the web site at [www.EatSmartMoveMoreNC.com](http://www.EatSmartMoveMoreNC.com)

**Mark your Calendars** for the upcoming 2013 Leadership Team Meetings

Day	Date	Time	Location
Tuesday	December 17	1:00 p.m. – 3:30 p.m.	TBD