

Early Care and Education featuring highlights and outcomes from Shape NC

Jessica Burroughs, Shape NC Project Manager

Katherine Davis, Director, The Growing Place Child Care Center

Kimberly Miller-Mcdowell, Parent of child at The Growing Place

Buffy Marshall, Lead Teacher, Friendly Avenue Christian Preschool



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By the end of this presentation, participants will be able to:

Describe how Shape NC is helping communities and child care centers develop environments, practices, and policies that encourage young children, and the adults around them, to be healthy.

Recognize how both child care centers and families are implementing and sustaining policies and practices that promote health and wellness.

Try the recommendations shared by the panelists in your own families, communities and programs.

Explore strategies for promoting health and wellness while also respecting families' diverse cultural, racial, and socioeconomic backgrounds.

Identify opportunities for bridging the gap from child care to school, so that children introduced to gardens, high levels of physical activity, and nutritious food in child care centers are supported to continue these healthy habits in elementary school.

Agenda



Overview of
Shape NC
(20 min.)



Panel
Presentation
(45 min.)



Q and A
(25 min.)

The Growing Place Child Care Center



Shape NC: Healthy Starts for Young Children Collaborative

The Growing Place Child Care Center



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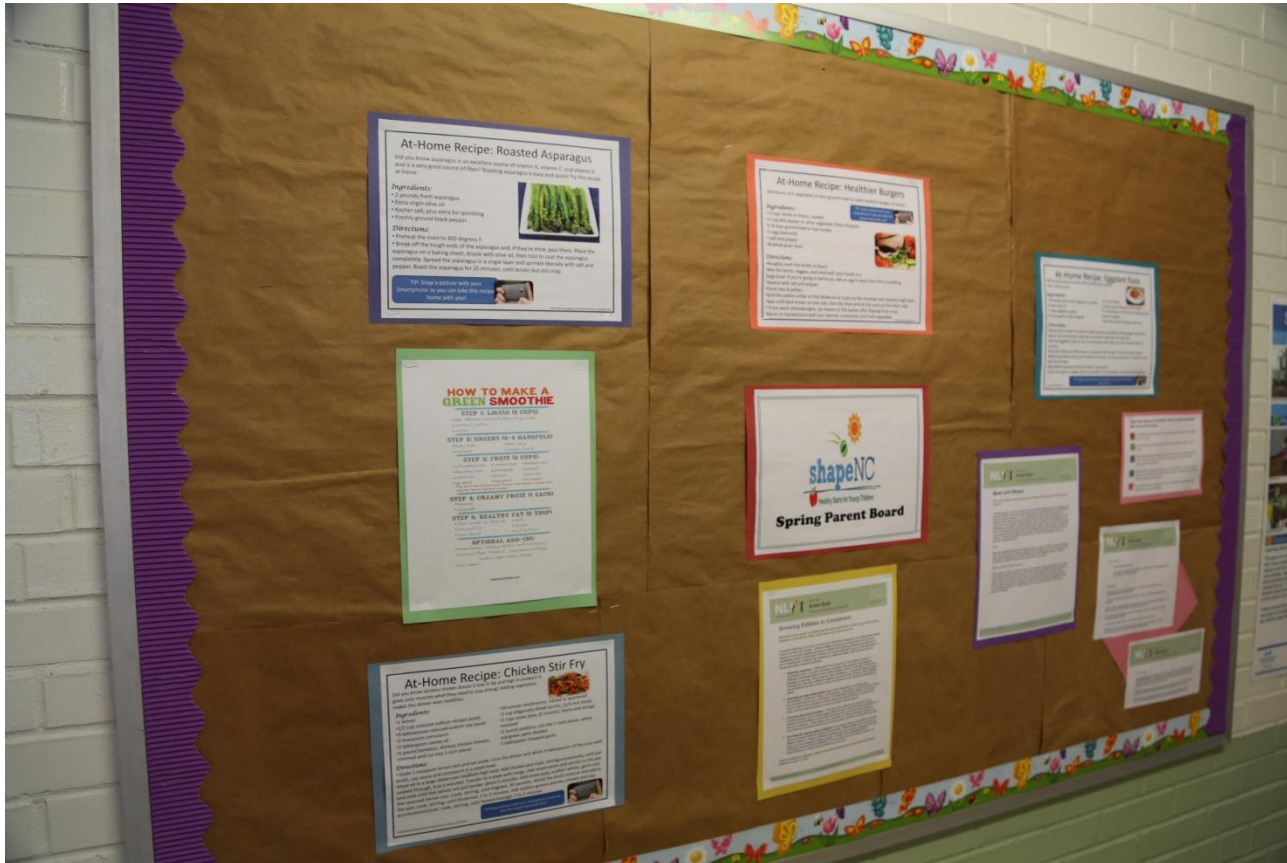
The Growing Place Child Care Center



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Our Shape NC Journey Inside and Out

By: Buffy Marshall



Family Style Dining



From Garden to Table



Picking
Collards,
leaves you
can eat



Wash, Cook, & Eat!





“Raining
days on
any day,
Always
make
me
smile!”



“Rain, Rain,
Thanks for coming
today! All I want to
do is splash and
play!”



Friendly Avenue Christian Preschool



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Questions?



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- What ideas do you have for bridging the gap from child care to school, so that children introduced to gardens, high levels of physical activity, and nutritious food in child care centers are supported to continue these healthy habits in elementary school?