## North Carolina Breastfeeding-Friendly Business/Workplace Assessment

This assessment will help identify areas where improvements can be made to make a business and/or workplace breastfeeding friendly. This form is used to collect information about organizations in North Carolina that are making efforts to support breastfeeding mothers and their families.

Contact Information		
I Name *		
t Name		
Name		
ganization Name *		
ail Address *		
one*		
Digit Phone Number		
Business/Workplace Information		
siness/Workplace Name *		
dress (physical) *		

<b>‡</b>
State
ZIP Code
Business/Workplace's County *
<b>\$</b>
Choose the NC county, from the drop down list, in which the business/worplace is located.
Please tell us how many people the business employs.*
○ 1-10 Employees
○ 11-20 Employees
○ 21-50 Employees
○ 51-100 Employees
○ 101-200 Employees
○ 201-300 Employees
○ 301+ Employees
Staff are employed as: (Check all that apply) *
☐ Hourly Employees
☐ Salaried Employees
Per Diem Employees (e.g., contractors, temporary staff)

## Setting/Strategy

Why are you completing the assessment? Please select below: *
<ul> <li>Working on strategies to support breastfeeding customers and may eventually apply for the Breastfeeding-Friendly</li> <li>Business Award</li> </ul>
<ul> <li>Working on strategies to support breastfeeding staff/employees and may eventually apply for the Breastfeeding- Friendly Workplace Award.</li> </ul>
<ul> <li>Working on strategies to support breastfeeding customers and staff/employees and may eventually apply for the</li> <li>Breastfeeding-Friendly Business and Workplace Awards.</li> </ul>
Breastfeeding-Friendly Business Assessment
Breastfeeding-Friendly Business Criteria - Note: The first two questions below represent the minimum criteria needed for applying for North Carolina Breastfeeding Coalition's Breastfeeding-Friendly Business Award. The remaining questions relate to best practices that are encouraged, but not required for the award. At the end of this assessment, you will be provided with a link so that you may apply for the award if you meet the requirements.
1. Do you advertise infant formula or related products directly to customers? (Businesses who earn the Breastfeeding-Friendly Business Award may not advertise infant formula or related products.) *
○ Yes
○ No
2. Are breastfeeding mothers always welcome and respected, never treated poorly, asked to stop breastfeeding, or asked to cover up or move? (required for Breastfeeding-Friendly Business Award) *
○ Yes
○ No

3. Do breastfeeding customers have access to a private space for expressing milk or nursing? The space is NOT a bathroom, and is lockable and shielded from public view. (optional/recommended) $^{*}$	
○ Yes	
○ No	
4. Does your organization have a written breastfeeding support policy and orient employees to its principles to ensure appropriate treatment of families? (optional/recommended) *	
○ Yes	
○ No	
5. Are staff educated on the rights and needs of breastfeeding moms and babies? (optional/recommended) *	
○ Yes	
○ No	
6. Does your organization offer print materials for local breastfeeding resources to customers? (optional/recommended) *	
○ Yes	
○ No	
7. Does your organization display breastfeeding promotion materials? (optional/recommended) *	
○ Yes	
○ No	
8. Are you also completing this form to assess your workplace for breastfeeding-friendly practices?*	
○ Yes	
○ No	

## Breastfeeding-Friendly Workplace Assessment



Breastfeeding-Friendly Workplace Criteria - Note: The first three questions below represent the minimum criteria needed for applying for North Carolina Breastfeeding Coalition's Breastfeeding-Friendly Workplace Award. The remaining questions relate to best practices that are encouraged, but not required for the award. At the end of this assessment, you will be provided with a link so that you may apply for the award if you meet the requirements.
1. Do you advertise infant formula or related products directly to customers? (Workplaces that earn the Breastfeeding-Friendly Workplace Award may not advertise infant formula or related products.) $^{*}$
○ Yes
○ No
2. Does your workplace allow all nursing employees reasonable break time to express milk or nurse their children? (This is the law and is required for Breastfeeding-Friendly Workplace Award) *
○ Yes
○ No
3. Does your workplace provide all nursing employees access to a private space for expressing milk or nursing? The space is not a bathroom. The space is lockable and shielded from view. The space has an electrical outlet and hand hygiene station. (required for Breastfeeding-Friendly Workplace Award) *
○ Yes
○ No
4. Does your organization have a written breastfeeding support policy and orient staff to its principles to ensure awareness of worksite support for lactation?(recommended/optional) *
○ Yes
○ No
5. Do staff have access to a refrigerator for milk storage? (optional/recommended) *
○ Yes
○ No

groups)? (optional/recommended) *	
○ Yes	
○ No	
7. Does your workplace offer flexible return-to-work policy (part-time, job sharing, telecommunicating, flex time, etc.)? (optional/recommended) *	
○ Yes	
○ No	
8. Does your workplace offer on-site childcare, and support breastfeeding and breast milk feeding therein? (optional/recommended) *	
○ Yes	
○ No	
9. Has your workplace taken extra steps to make the lactation space warm and welcoming by doing any of the following: comfortable chair, pictures of babies / space to post pictures of babies, music / sound player, electric pump (mothers bring their own kits), wall clock, notebook for moms to write to each other, etc.? (optional/recommended) *	
○ Yes	
○ No	
Questions/Comments	
Please use this space to enter any questions or comments.	

6. Are pregnant and post-partum employees offered access to lactation support (professional or peer, classes or

Would you like to receive an email copy of your survey answers?*	
○ Yes	
○ No	
	Submit Form