



Eat Smart, Move More NC

# Meeting Agenda

**Tuesday, September 20, 2022 from 10-11:30am\***

*\*New partners log in at 10am, all others join at 10:30am*

## **Your Work in 5 Words: Virtual Networking Event**

What 5 words come to mind when describing the work that you do? Come ready to connect with each other through small, focused discussions around these common words. You will leave with new contacts and resources to help better promote healthy eating and physical activity.

Meeting Link: <https://unc.zoom.us/meeting/register/tJYkc-2uqD8uGtKZL2nwSeWgnxs3Rq9GKK9i>

10:00-10:30 a.m. – New Partner Session

*Jayne McBurney, Chair*

- Eat Smart, Move More NC 101
- Meet others while learning about our movement and ways to get involved

10:30 – 10:35 a.m. Welcome and Instructions for Breakout Rooms

*Joanne Lee, Past Chair*

10:35 – 10:55 a.m. 1<sup>st</sup> Networking Session (break into groups of 6-8 people)

10:55 – 11:05 a.m. Regroup and Announcements

*Jayne McBurney, Chair*

11:05 – 11:25 a.m. 2<sup>nd</sup> Networking Session (break into new groups of 6-8 people)

11:25 – 11:30 a.m. Regroup and Wrap -Up

*Rich Rairigh, Member at Large*